



# UBC

# Association of Professors Emeriti

*The Alumni Centre is diagonally opposite the UBC Bookstore. Park in the North Parkade or Health Sciences Parkade.*

## GENERAL MEETING:

Wednesday, November 16

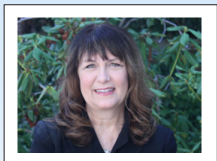
Robert H. Lee Alumni Centre  
6163 University Boulevard  
(partners and guests are welcome)

## Agenda

- 1:00 pm Coffee, tea and conversation
- 1:50 pm Business meeting
- 2:00 pm Dr. Kimberly Schonert-Reichl & Dr. Eva Oberle, *Understanding and Promoting the Health and Well-being of Children in BC Through a Human Development Program of Research*

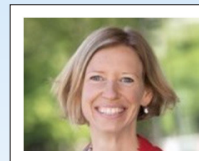
The *Human Early Learning Partnership* is an interdisciplinary research institute in the School of Population and Public Health in UBC's Faculty of Medicine and is dedicated to improving the health and well-being of children through interdisciplinary research and mobilizing knowledge. Join Professor and HELP Director, **Dr. Kimberly Schonert-Reichl** and Assistant Professor, **Dr. Eva Oberle**, to explore the groundbreaking research related to HELP's human development program of researching a comprehensive child development monitoring system.

The central components of the monitoring system include the population-level tools, the Early Development Instrument and the Middle Years Development Instrument. Data from these tools provide essential insights into how the health and well-being of children in BC is changing over time and how both risk and resiliency influence development at every stage across the early life course. This system as a whole is essential to improve our understanding of children's developmental outcomes in British Columbia and supports evidence-based decision making within governments, institutions and communities to improve investments in children and families. Other interdisciplinary research being conducted at HELP regarding efforts to understand and promote children's social and emotional competence and well-being will also be discussed.



**Kimberly Schonert-Reichl** is an Applied Developmental Psychologist and a Professor in the Human Development, Learning, and Culture Program in the Faculty of Education at UBC. A

world renowned expert in the area of social and emotional learning (SEL), her research focuses on identification of the processes and mechanisms that foster positive human qualities such as empathy, compassion, altruism, and resiliency in children and adolescents.



**Eva Oberle** is an Assistant Professor with the *Human Early Learning Partnership*. Her research investigates factors linked to positive child development and strategies for

promoting mental health and well-being in the school context in particular. Her main focus is on social and emotional learning in schools, risk and resilience, and positive youth development.

## Association Executive 2016-17

**Richard Spencer**, President and Treasurer, 604-263-9793  
[richard@rhspencer.ca](mailto:richard@rhspencer.ca)

**Stephen Tredwell**, Vice-President  
604-261-7579 [tredwell@me.com](mailto:tredwell@me.com)

**Paul Marantz**, Past President  
604-228-0219 [pmarantz@mail.ubc.ca](mailto:pmarantz@mail.ubc.ca)

**Diana Lary**, Secretary 604-876-7766  
[lary@mail.ubc.ca](mailto:lary@mail.ubc.ca)

### Members-at-large

**Derek Applegarth** 604-241-0340  
[derek.jenny@shaw.ca](mailto:derek.jenny@shaw.ca)

**Donald Blake** 604-263-9567  
(Newsletter Editor)  
[dblake@politics.ubc.ca](mailto:dblake@politics.ubc.ca)

**Elaine Carty** 604-228-9665  
[elaine.carty@midwifery.ubc.ca](mailto:elaine.carty@midwifery.ubc.ca)

**Donald Fisher** 604-228-1093  
[donald.fisher@ubc.ca](mailto:donald.fisher@ubc.ca)

**Nichola Hall** 604-263-0247  
[ranhall@telus.net](mailto:ranhall@telus.net)

**Dianne Newell** 604-828-0651  
[dnew@mail.ubc.ca](mailto:dnew@mail.ubc.ca)

**Bill McCutcheon** 604-261-3275  
[mccutche@phas.ubc.ca](mailto:mccutche@phas.ubc.ca)

### Ex-Officio

**Ken Craig**  
604-228-9352 (0) 604-822-3948  
(CURAC Representative)  
[kcraig@psych.ubc.ca](mailto:kcraig@psych.ubc.ca)

**Carolyn Gilbert**, 604-261-8000  
[carolyn.gilbert@ubc.ca](mailto:carolyn.gilbert@ubc.ca)

**Judith Hall** 604-228-1233  
[jhall@cw.bc.ca](mailto:jhall@cw.bc.ca)

**Raymond Hall** 604-515-1970  
[ray32avis@gmail.com](mailto:ray32avis@gmail.com)

**Olav Slaymaker** 604-261-9767  
[olav.slaymaker@ubc.ca](mailto:olav.slaymaker@ubc.ca)

**Richard Tees**  
604-224-6030 (0) 604-822-3948  
[rtees@psych.ubc.ca](mailto:rtees@psych.ubc.ca)

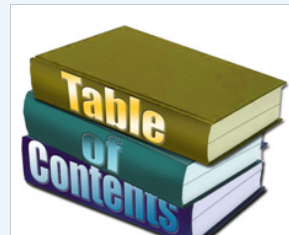
**Mark Thompson** 604-263-6008  
[mark.thompson@sauder.ubc.ca](mailto:mark.thompson@sauder.ubc.ca)

## UBC Association of Professors Emeriti

Administrator: Sandra van Ark

Office address: Copp Building Room 4004, third floor  
2146 Health Sciences Mall, UBC  
Vancouver, BC, Canada V6T 1Z3  
Telephone: 604-822-1752

email: [admin@emeriti.ubc.ca](mailto:admin@emeriti.ubc.ca)  
website: [www.emeriti.ubc.ca](http://www.emeriti.ubc.ca)



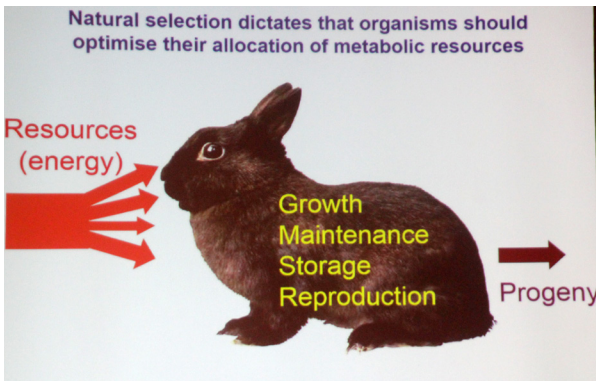
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# Association News

## October General Meeting Talk: Why grow old?

Professor **Tom Kirkwood**, CBE, Newcastle Institute for Ageing and Copenhagen University Center for Healthy Aging was the lead-off speaker for UBCAPE’s 2016-17 season. His reputation and the topic attracted an overflow crowd at St. John’s College.

Unfortunately, Professor Kirkwood did not offer an alternative to “growing old”. Instead, he addressed the hypothesis that aging is a genetically programmed “sacrifice” of the individual to free up living space for offspring and aid evolution by promoting the turnover of generations. He explained that this hypothesis, while attractive, is wrong: *The more we learn about the diversity of aging across the species, the more we understand about why some animals live longer than others, why dietary restriction sometimes (but not always) extends life, and why some species, such as spawning salmon, exhibit a pattern of reproduction called “big bang”, closely followed by death.* Answering “why grow old?” leads to deep insights into the root causes of this most mysterious process.



It appears that our species has evolved the use of energy in a balanced way, to keep us going long enough to reproduce and care for our offspring, unlike mice and rabbits, whose use of energy is geared heavily toward reproduction, but with built-in plasticity to allow for times of famine, when reproduction is totally halted. In other words, resources that might have been devoted to extending our life span by repairing aging cells, instead keep us going long enough to reproduce and care for our offspring. The “rabbit graphic” used to

illustrate his talk provided a helpful outline. — Don Blake



Professor Kirkwood receives the coveted UBCAPE umbrella from Past President Olav Slaymaker



Professor Kirkwood and Steve Savitt, Professor Emeritus of Philosophy.



Dr. Angela Redish, Acting Provost & V-P Academic, who hosted the post-meeting wine & cheese reception



## The UBCAPE Personal Finance Group

–Dick Campanella & Paul Marantz



In the Spring, UBCAPE created a new interest group, the *Financial Interest Group*, with the goal of enhancing individuals' knowledge of investing, pensions, and economics. It is open to all members, emeriti, and their partners and guests.

In September, at the first meeting of the academic year, *Misa Zivkovic*, a Financial Advisor and Certified Financial Planner with Raymond Jones Limited, addressed "Which Battle to Fight?: Investing Challenges and Opportunities in the Years Ahead". He presented much useful information on the past performance and future prospects for financial markets. He stressed the challenges investors and pensioners face in a low-growth, low-interest world where life expectancy is steadily increasing. He highlighted the role that annuities can play in pension planning and reducing the risk that individuals may outlive their capital.

On **Thursday, October 27, at 3:30 pm, room 224, Alumni Centre**, *Doug Hodgins* BA,B. Comm, CFP, RFP and Author of *Millionaire Down the Road: Secrets of the Ultimate Tax Efficient Investor* will be the guest speaker.

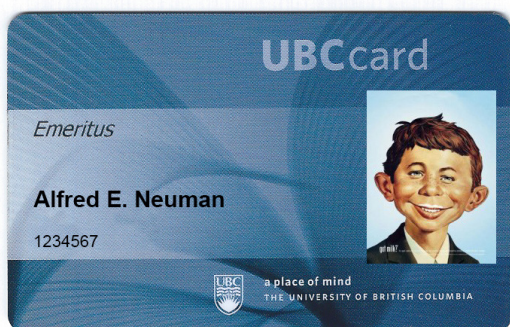
The book chronicles the remarkable life and investment journey of Doug's father *Rankin Hodgins*, who turned an \$800,000 investment portfolio into more than \$10 million during his retirement years. Doug's presentation focuses on how the life lessons learned on the family farm in rural Saskatchewan during the Great Depression provided the foundation, values, and discipline for his dad to thrive in the rough and tumble world of stock market investing. This real-life, three-decade-long case study is both insightful and entertaining, so come and discover if any of Mr. Hodgins investment and tax planning strategies might be appropriate for you.

Doug Hodgins is an author and Vancouver-based financial advisor with Assante Financial Management Ltd. Since 1981 he has focused on helping clients develop risk-appropriate investment, tax and financial strategies to reach their most important life goals.

On **Thursday November 24, at 3:30 pm, room 224, Alumni Centre**, *Lorraine Heseltine*, Member Services Specialist, UBC Faculty Pension Plan will be discussing "How to Get the Most Out of Your UBC Pension". Among the topics she will examine are:

- How the UBC Faculty Pension Plan's Variable Payment Life Annuity works compared to an insured annuity;
- Why you may consider transferring your external RRIF/LIF funds back to the UBC Pension Plan; and
- Managing your accounts on the Sun Life website.

## The UBC Card



All emeriti should obtain a UBC Card. This is the card you need to check out books from the UBC Library or get free or reduced admission to UBC facilities such as the Botanical Garden, Nitobe Garden, etc. You can also use the card as a debit card at the UBC Bookstore and at over 30 UBC food outlets, including Sage Bistro, the Point Grill, etc. Some food outlets offer a 5% discount as well. You can also pay for photocopying in the Library. All you need to do is "load" cash onto the card—easy to do online. You can obtain the card by bringing your seven digit employee number and one government issued photo ID (such as a passport or driver's license) to the UBC Carding Office located in the UBC Bookstore. You can also apply for the card online. Go to <http://ubccard.ubc.ca/obtaining-a-ubccard/emeritus-retired-staff> for details.

## Information for Professors Extending their Employment at UBC beyond Age 65

— prepared by Linda Leonard, UBCAPE

### Do you know that under certain conditions your UBC health and other insurance benefits terminate?

**1st condition:** If you have reached the “normal” retirement age of 65 and decide to begin receiving payments from your UBC Faculty Pension Plan\*, your benefits under the UBC Active Employee Plan terminate, regardless of whether you are still working.

**These benefits cease:** Extended Health, Dental Care, Employee and Family Assistance Program, Basic Life Insurance and Employee and Spouse Optional Life/Accidental Death and Dismemberment and Income Replacement Plan coverage. In addition, payroll deduction of your BC Medical Services Plan premiums ceases.

**2nd condition:** If you have reached your “normal” retirement age of 65 and defer payments from your UBC Faculty Pension Plan\*, your benefits under the UBC Active Employee Plan continue, but in a slightly modified form.

**These benefits continue:** BC Medical Services Plan premiums (if payment is by payroll deduction), Extended Health, Dental Care, Employee and Family Assistance Program, Basic Life Insurance (coverage reduces from 2 to 1 times annual salary, up to \$300,000) and Employee Optional Life/Accidental Death and Dismemberment coverage.

**These benefits cease:** Spouse Optional Life/Accidental Death and Dismemberment and Income Replacement Plan coverage. (Note: If you choose to begin receiving payments from the UBC Pension Plan prior to the end of the calendar year in which you turn 71\*\*, all of your benefits under the UBC Active Employee Plan terminate, regardless of whether you are still working.)

**3rd condition:** The latest you can defer payments from the UBC Faculty Pension Plan\* is the end of the calendar year in which you turn 71\*\*.

**Which benefits cease?** All benefits that you are enrolled in under the UBC Active Employee Plan terminate, including payroll deduction of your BC Medical Services Plan premiums, regardless of whether you are still working.

### What are your options if your UBC benefits end?

**Health Insurance Coverage:** You have the options of enrolling in:

1. UBC’s Retirement and Survivor Benefits Program: Extended Health, Dental Care, and/or Employee and Family Assistance Program. (You can arrange for UBC to deduct your BC Medical Service Plan premiums from your salary); and/or

2. Johnson Inc. insurance which is available:

a) if you meet UBC’s criteria for emeritus status (combined age + full-time years of service=70) even though you haven’t been granted this status officially by UBC; or

b) to those who don’t meet UBC’s criteria for emeritus status but are nonetheless eligible for membership in the UBC Association of Professors Emeriti (even though still working).

Johnson Inc. offers two plans: Combined Extended Health Care/Emergency Travel Insurance Plan and the MEDOC Emergency Travel Insurance; and/or

3. Any other plan of your choice; or

4. You may prefer to self-insure, saving on the cost of premiums and paying out-of-pocket for your expenses.

**Life Insurance Coverage:** You have the option of converting your Basic Life Insurance and Employee and Spouse Optional Life/Accidental Death and Dismemberment coverage from a group to an individual policy, without having to provide medical evidence to Sun Life. Other insurance agencies may require medical evidence.

### Is there a time limit to take advantage of the above options? Yes!

Please contact the appropriate benefits specialists listed below to obtain information about the strict time deadlines and how to meet them.

## **Does UBC Human Resources notify you about upcoming changes to your benefits if you are still working at UBC? Yes!**

A letter is sent by Campus Mail to your Department one year before your "normal" retirement date of age 65 and a 2nd letter is mailed one year before the end of the calendar year in which you turn age 71. If you have any questions about your letter, or have not received one, please contact:

**Stephanie Mah**, (UBC Benefits Specialist for Active Benefits Plan)  
604.822.6823 or [stephanie.mah@ubc.ca](mailto:stephanie.mah@ubc.ca)

## **Is All of This Confusing and Somewhat Overwhelming?**

Fortunately, excellent information and guidance are available from the following UBC resources:

### **Health and Life Insurance Benefits:**

**Stephanie Mah**, (UBC Benefits Specialist for Active Benefits Plan)

604.822.6823 - [stephanie.mah@ubc.ca](mailto:stephanie.mah@ubc.ca)

<http://www.hr.ubc.ca/wellbeing-benefits>

TEF 3 (Technology Enterprise Facility) – 6th Floor 6190 Agronomy Road Vancouver BC V6T 1Z3

**Janet McHugh** (UBC Retirement and Survivor Benefits Plan Administrator) 604.822.4580 --

[janet.mchugh@ubc.ca](mailto:janet.mchugh@ubc.ca)

<http://www.hr.ubc.ca/wellbeing-benefits/benefits/details/retirement-survivor-benefits>

TEF 3 (Technology Enterprise Facility) - 6th Floor 6190 Agronomy Road, Vancouver BC V6T 1Z3

### **Pension:**

**Lorraine Heseltine** (Member Service Specialist)

604.822.3485 -- [lorraine.heseltine@ubc.ca](mailto:lorraine.heseltine@ubc.ca) -- [www.pensions.ubc.ca](http://www.pensions.ubc.ca)

201-2389 Health Sciences Mall, Vancouver, BC V6T 1Z3

### **UBC Association of Professors Emeriti (UBCAPE)**

We strongly recommend that you consult the extensive report prepared by UBCAPE, *Choosing Extended Health and Travel Insurance to Meet Your Specific Needs*. This report can be viewed and downloaded from [www.emeriti.ubc.ca](http://www.emeriti.ubc.ca), under "Benefits".

**Sandra van Ark** (UBCAPE Office Administrator)

604.822.1752 [admin@emeriti.ubc.ca](mailto:admin@emeriti.ubc.ca) -- [www.emeriti.ubc.ca](http://www.emeriti.ubc.ca)

Rm 4004, 3rd Floor Copp Building, 2146 Health Science Mall, UBC, Vancouver, BC V6T 1Z3

**Paul Marantz** (Chair, UBCAPE Benefits Committee) [paul.marantz@ubc.ca](mailto:paul.marantz@ubc.ca)

If you wish to consult Johnson Inc. regarding health insurance for emeriti and those eligible for membership in UBC Association of Professors Emeriti:

- Extended Health Care with or without Emergency Travel Insurance Coverage 604.881.8840 – [pbservicewest@johnson.ca](mailto:pbservicewest@johnson.ca) -- [www.johnson.ca/ubc](http://www.johnson.ca/ubc)
- MEDOC (Emergency Travel Insurance only) 604.881.8840 or 1.866.606.3362  
[travelinsurance@johnson.ca](mailto:travelinsurance@johnson.ca) -- <https://www.johnson.ca/travel/medoc/splash-en.jsp>

### **UBC Faculty Association**

604.822.3883 -- [faculty.association@ubc.ca](mailto:faculty.association@ubc.ca) -- [www.facultyassociation.ubc.ca](http://www.facultyassociation.ubc.ca) 112-1924 West Mall Vancouver, BC V6T 1Z2

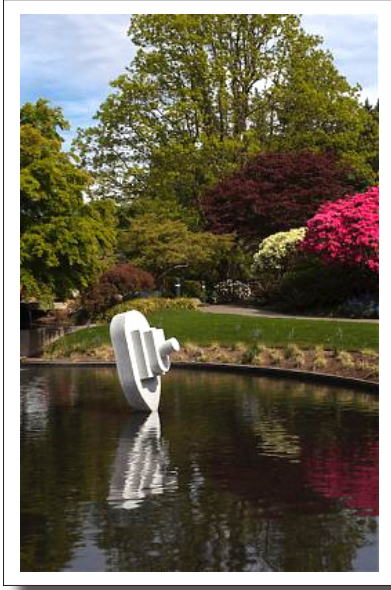
\* Note: the loss of UBC insurance benefits is not triggered by:

- UBC Pension Plan payments from funds accumulated by a member's voluntary contributions and/or transfers from other registered plans; or
- the receipt of payments from the Canada Pension Plan.

\*\* The Income Tax Act of Canada requires pension plan members (or surviving spouses) to convert to an income option by the end of the calendar year in which they turn 71.

*As with all information distributed by UBCAPE we are not acting as advocates for specific action nor are we representing UBCAPE as an expert in areas discussed.*

## Public Art on Campus: A Follow-up



The April issue of the Newsletter ran a story about the new sculpture installed in the pool at the University Centre. Some colleagues expressed negative views about the installation at our April 1, 2016 Philosophers' Café. We are pleased to provide an explanation of the sculpture and its choice of location provided by the Belkin Gallery.

Classical Toy Boat (1987) by Vancouver artist Glenn Lewis is the most recent outdoor artwork to be installed at UBC. This sculpture was initially located outside of the Power Plant Contemporary Art Gallery on the Toronto waterfront in 1987 as part of the exhibition From Sea to Shining Sea. It was purchased by the Belkin Art Gallery in 2009 for the University Art Collection and restored in anticipation of its new location. Classical Toy Boat was launched on June 23, 2016 in conjunction with the opening reception for the Belkin's exhibition, *Becoming Animal/Becoming Landscape: Works from the Collection* (June 24-August 14, 2016).

The site chosen for this work is the pool on the north side of University Centre (formerly the Faculty Club) designed by Frederic Lasserre with an addition by Arthur Erickson and landscape design by Cornelia Oberlander. The shape of the boat reflects the innocence of a child's toy and the material, Italian Carrera marble, makes reference to classical Roman sculpture, a juxtaposition that lends this work a tone of humour. In spite of the weight of the marble, the boat conveys a spirit of resilience in that it defies gravity and magically hovers above the surface of the water. This work and its site provide a strong connection between the indoor spaces of the University Centre building and the outdoors—a visual punctuation to a subdued and discreet site. This work was originally conceived as a reference to temporary installations in the gardens at UBC undertaken in the late 1960s and early 70s by Lewis, Michael Morris, Gathie Falk, and others.

## In Memoriam

John Brown

1938-2016

Professor Emeritus of Physiology  
University Service, 1965-1997



The **UBC Community United Way Campaign** will kick off this year on October 11th, 2016 with A Week of Caring. The week will include several campus-wide events to raise money and awareness for United Way's mission of eradicating poverty and helping seniors and children in the Lower Mainland.

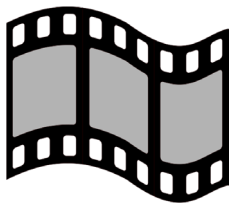
This year, UBC celebrates 40 years of campaigning for the United Way. So, the campaign has set the UBC United Way 2016 campaign goal to help 40,000 people in the greater Vancouver Lower Mainland. Together we can do this, because *we are possibility!* New this year is a personalized webpage dedicated solely to the UBC Association of Professors Emeriti: <http://www.unitedway.ubc.ca/emeriti/> This page will include upcoming event information and a place for you to access pledge forms.





Group Meetings at a Glance (all welcome)			
Group	Day	Time	Place
<i>Travel</i>	Thursday November 17	3:30 pm	Alumni Centre Room 222
<i>Photography</i>	Wednesday November 9	2:00 pm	Angus 254
<i>Film</i>	Tuesday October 25	3:00 pm	CHBE 102 2360 East Mall
	Tuesday November 29	3:00 pm	Alumni Centre Room 224
<i>Finance</i>	Thursday October 27 & November 24	3:30 pm	Alumni Centre Room 224

### UBCAPE Film Series for Fall 2016 *French New Wave & After*



**Series One** focuses on a seminal film from the French New Wave (François Truffaut's *The 400 Blows*-1959) and two later French films (Maurice Pialat's *Naked Childhood*-1968 and Catherine Breillat's *Bluebeard*-2009) that can be seen as a critical response to the New Wave approach to film. For each film, brief notes concerning issues of style, technique and theme will be provided before the screening. A short discussion of the film will follow.

The second and third films in this terms series will be screened on October 25 and November 29.

**Oct. 25** - However, just nine years after *The 400 Blows*, Pialat's first film (*Naked Childhood*), while maintaining the New Wave's emphasis on realism and stylistic freedom, challenges that movement's lack of emotional honesty by depicting a childhood that avoids clichés about innocence. Arguably, the little-known, still controversial Pialat has had a greater influence on more contemporary French film than the New Wave.

**Nov. 29** - A contemporary French filmmaker, Catherine Breillat, who worked on the script for one of Pialat's films and who shares his fondness for emotional honesty (especially in her many films on the battle of the sexes) offers in *Bluebeard* a feminist take on childhood, focusing on the Perreault fairy tale referenced in the title but also on the biblical story of Salome – both key texts for feminism.

*Screenings begin at 3:00 pm*

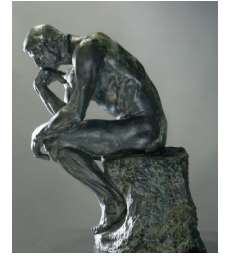
**Note:** This is the first of three UBCAPE film series. Each series will focus on the films of a specific country or region and be related in terms of style, theme and/or subject matter. Where possible, at least one film in each series will be by a female director.



## Philosophers' Café



UBC Political Science Professor Dick Johnston, a leading expert on US politics, led a lively discussion of the upcoming **American Presidential election**. To provide some background for the discussion, Prof. Johnston explained the US primary and electoral college systems, which work very differently from the Canadian election system. Those who are really keen can follow this up by attending a forum at the Alumni Center where two eminent US political scientists will address the question: *Examining the Nomination Process:*



*How did we get here? Where are we going?* Go to <http://tinyurl.com/gqq8v3d> to reserve your "free" seat. Dick Johnston will be moderator.

The last two Cafés of the season promise to be equally interesting and offer you an opportunity to share your views on some of the most compelling issues of the day.

**Friday, Nov 18, 10:30** Tapestry Classroom, 3338 Wesbrook Mall

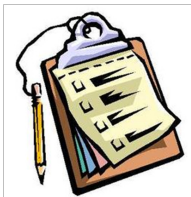
"Political correctness" or hypocrisy? Freedom of speech or inclusivity? Should we not say what we think? Please join us for a lively discussion.

**Friday, Dec 9, 10:30** Tapestry Classroom, 3338 Wesbrook Mall

Economic inequality is seen to be on the rise. What are the causes of this increase and the societal impacts? Is the younger generation being squeezed out? What, if anything, should be done?

*After the Café join us for lunch at Tapestry by calling 604-225-5000 or by checking in with the front desk before the Cafe to reserve a spot.*

## Coming soon—A Survey of the Membership



**UBCAPE** continues to look for ways to improve service to its members. Every 3-4 years we do a survey to see how we are doing. It will be possible to answer the upcoming survey on-line OR on paper. If you prefer, your responses can be anonymous.

In response to previous surveys, UBCAPE has created interest groups for Photography, Travel, Finance and Film, worked to improve travel insurance and medical benefits and enhanced the newsletter. We hope you will respond when the time comes.

*Thank you in advance.*

## Forum on Philanthropic Work



We want to hear about what you're doing

Many Emeriti transfer their passion for their academic work to passion for helping others. As Les Lavkulich said in his **Green College Senior Scholars** lecture, passion leads to compassion. We would like to showcase some of the charitable work that Emeriti are doing, whether in the community or further afield. To date, Andrew Eisen has agreed to tell us about his founding and continuing work with the ALS Society of British Columbia, and Mo Iqbal will talk about his work building schools in Pakistan.

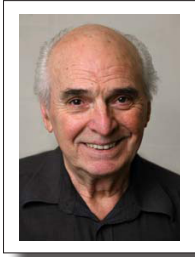
If you're donating your time to work with individuals, the community (near or far), or the environment, we'd like to hear from you. Please contact

Carolyn Gilbert ([carolyn.gilbert@ubc.ca](mailto:carolyn.gilbert@ubc.ca)) or Mo Iqbal ([iqbal@mail.ubc.ca](mailto:iqbal@mail.ubc.ca)).

When we have a list of participants, we will agree as a group what form the forum should take and when in the new year it should be. We look forward to hearing from you.

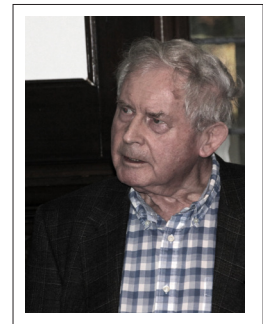
## Association Speakers' Series

### Green College Senior Scholars' Series



On September 20, Professor Emeritus **Les Lavkulich** (Land & Water Systems, Soil Science), started this year's series with an inspiring talk entitled *Follow Your Passion*. Les defined "passion" and explained how it is necessary to bring passion to your work, and that passion leads to compassion; you have to selfishly nurture your own passion before you can help others. This is evidenced in his own work, which starts with hard science, then leads to individual and community health and safety. Examples were how understanding the structure of asbestos led to aiding individuals with asbestos-caused lung disease, and how examining the metals in soil is necessary to food safety in community gardens. Throughout the lecture and question period, Les explicitly distinguished between "fact" and "opinion," a good lesson for all of us, including the young scholars present.—*Carolyn Gilbert*

The second talk, on October 18, featured Professor Emeritus **Olav Slaymaker** (Geography), who entitled his talk *A Geographer's Dilemma*. Olav presented two "large" dilemmas and ten (or so) small ones. The large dilemmas: How can a religious person fit within a secular university? and What is the future of the modern, secular university? Most of the "smaller" dilemmas involved the choices faced by many pursuing academic careers. What career path should I follow? How do I choose a university?, etc. Olav conveyed his serious and some not so serious messages with his characteristic laconic sense of humour. For example, he claimed that he chose to go to King's College Cambridge for his undergraduate degree because he loved listening to the College choir at Christmas time. Upon his arrival, he discovered they had no one to tutor Geography, but he was welcome to do Math or History. He eventually showed the capacity audience how a brilliant career as a geographer was dependent upon choices when serious dilemmas were confronted. He concluded his talk by returning to the "big picture"—the "large dilemmas" with which he started. He has obviously devoted a lot of thought to questions about whether the modern university has gone too far towards embracing a corporate model and whether it can any longer present moral guidance to society.—*Donald Blake*



#### Tuesday, November 15

Paul Burns (Classical, Near Eastern & Religious Studies)  
*Augustine of Hippo on Public Culture*

At the end of the fourth and early fifth centuries, Augustine of Hippo demonstrated an impressive awareness of Late Roman public culture which spanned Latin literature, philosophy, ethics, law, and even medicine, stoic astronomy, and Roman religion. His presentation of this material is comprehensive, respectful and selectively critical as he tries to engage a broad audience.

#### Tuesday, January 10

Cindy Greenwood (Mathematics)  
*What is a Probabilist?*

Everyone understands the statement: "The probability of rain tomorrow is .90, or 90%. For a probabilist, many questions have answers of this type. The problem is to find that number.

*This series is co-sponsored by UBCAPE and Green College and organized by Emeritus Professor John Gilbert.*

All talks begin at 5:00 pm in the Green College Coachhouse. For more information: [www.green-college.ubc.ca](http://www.green-college.ubc.ca) or [GC.events@ubc.ca](mailto:GC.events@ubc.ca).

*Come at 4:30 for tea and coffee in the Green College Piano Room and stay for refreshments after the talks. To stay for dinner, tickets can be purchased through the Green College Office—604-822-8660.*

## Emeriti Research day, October 18



*From left: Peter Suedfeld, Michael Chandler, Marvin Westwood and Robert Krell*

This was another rewarding afternoon spent with emeriti who continue active research programs. Convenor **Peter Suedfeld** (Psychology), organized the session around the theme “The consequences and amelioration of traumatic stress”, with contributions from counselling psychology, psychology and psychiatry.

**Marvin Westwood** (Counselling Psychology), presented an overview of his work with the Veterans Transition Program, targeting veteran’s with Post Traumatic Stress Disorder. His program addresses the challenges faced by male veterans, who have embraced the masculine culture of the military, but have experienced one or more stressful episodes during combat. Witnessing acts of war leads to masculine gender norms being challenged by helplessness, hopelessness and the inability to show weakness and ask for help. Marv’s

approach to facilitating recovery is explicitly gendered, working in groups and appealing to the men’s sense of camaraderie, strength, leadership, and helping others. Marvin presented some moving footage of veterans ultimately coming to terms with these emotions through role play, self-analysis, and group discussion. The bottom line: over 660 men have completed the program and there have been no suicides among those who completed the program. Though now scattered across the country, the members of the separate workshop groups (8 or 10 members each) keep in touch via Facebook, email and even vacation together with their families.

**Michael Chandler** (Psychology) presented another perspective on stress, focusing on suicides among aboriginal youth. His first contribution was to deconstruct the aggregate statistics on suicides. For example, while aboriginals constitute only 3% of the provincial population, they account for 23% of suicides among youth. He went on to show that if one looked at suicide statistics by band, by health district or by tribal council, the statistics look very different. Half the 203 bands in British Columbia had no youth suicides during the 20-year period examined. Ultimately, Michael and his fellow researchers identified eight factors that contribute to “cultural continuity” and give individual band members a feeling of belonging: self-government, land claims, education, health services, police and fire services, cultural facilities, the presence of women in government, and child protection services. The suicide rate between 1987 and 2000 ranged from 40 to 0, depending upon how many factors were present in an aboriginal community.

**Robert Krell** (Psychiatry) presented a different perspective on the amelioration of traumatic stress. Himself a child Holocaust survivor, he described how he was sheltered by a Dutch Catholic family from ages two five 1945. Fewer than 10% of Jewish children survived the Holocaust. When the war ended in 1945 he was reunited with his heritage. He spoke of how hidden children learned to be silent and compliant, which contributed to their safety, growing into silent, unassertive adults who rarely disclosed their childhood experience and so were unable to heal. Throughout his career Dr. Krell has worked with victims and their families. He established the *Holocaust Education Centre* in 1994 in order to continue teaching programmes for high school children as a warning of the consequences of unchecked racism and intolerance.

—Donald Blake

## Launching a New Series: Occasional Lectures by Emeriti



Do you have an interest you've developed since retiring? A new interest, pathway, passion? Related to your career path—or not? Something you'd like to share with other members? The Association would like to provide opportunities for presentations. If you would like to give a talk, please contact Derek Applegarth ([derek.jenny@shaw.ca](mailto:derek.jenny@shaw.ca)) or Carolyn Gilbert ([carolyn.gilbert@ubc.ca](mailto:carolyn.gilbert@ubc.ca)).

To start this new series, we are presenting a talk by **Joanne Emerman** (Professor Emerita of Cellular and Physiological Sciences): ***Looking Through the Lens of a***

### ***Microscope and the Lens of a Camera: The Intersection of Science and Art.***

In this talk, with photographs, Dr. Emerman combines her major research tools—light and electron microscopy—with her love of photography. She will demonstrate how studying cell and tissue specializations in combination with photography of animals in the Galapagos and South African Game Reserves can help explain how complete organisms adapt to their environments.

**Time and Date:** Thursday, November 3, 2:00 pm.

**Place:** Alumni Centre, Room 222.

Grab a cup of coffee in the café, bring a friend, and enjoy the talk

## News from CURAC

### Member Benefits through [CURAC/ARUCC](#)

*Past UBCAPE President, Ken Craig, is now President of CURAC. He has written an excellent account of the benefits that CURAC provides through its information programs, lobbying activity and negotiations with service providers. For the complete article on which this summary is based, please go the [UBCAPE web site](#) and click on "Publications" then "CURAC".*

UBC/APE is a longstanding member of the College and University Retirees Association of Canada (CURAC/ARUCC), a federation of 41 organizations dedicated to promoting and sharing communications among member associations, fostering mutual assistance and speaking publicly on issues of concern to the over fifteen thousand individual college and university retirees across Canada who are members of these associations.

CURAC/ARUCC has also worked to develop benefits for individual retirees who are members of associations like UBCAPE.

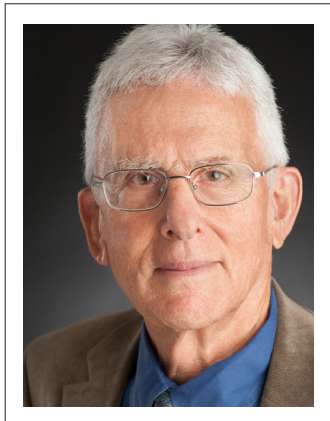
### Member Benefits

- **Property and Vehicle Insurance:** [CURAC/ARUCC](#) has an affinity agreement with Economical Select (ES) to offer preferential rates on Property Insurance and Vehicle Insurance to retirees.
- **Travel and Extended Medical Insurance** through CURAC/ARUCC
- **Travel Tours:** Two years ago [CURAC/ARUCC](#) entered into an affinity agreement with [Collette Tours](#) for discounted rates on their travel programs. A variety of arrangements for escorted tours is available to members of [CURAC/ARUCC](#) member associations.
- **Benefits Comparisons:** Over the past two years, the [CURAC/ARUCC](#) Benefits Committee has been compiling data on medical and nonmedical benefits provided to post-secondary institution retirees across Canada.
- **Bulletins:** [CURAC/ARUCC](#) prepares these short statements to examine and publicize positions on important issues of interest to members.
- **Newsletter:** These are published periodically and available on the website. They document the activities of [CURAC/ARUCC](#) and member associations.



## Emeritus Awards

### Order of Canada



In July, 2016, **Emeritus Professor Michael Klein** (Family Practice & Pediatrics) was made a member of the Order of Canada. Refusing to serve as an officer in the US Army Medical Corps during the Vietnam War, he fled to Canada in 1967 with his wife Bonnie. He became a family practitioner, pediatrician, advocate, professor, and researcher at McGill and the University of British Columbia. Dr. Klein has played a vital role in placing maternity care at the heart of family medicine. Motivated by concerns over the harmful effects of certain then widespread medical interventions, he pushed for the adoption of family-friendly birth practices, the re-introduction of midwifery, the promotion of doulas in birth and the elimination of routine intrusive interventions such as episiotomy. An influential mentor to many, his approaches are now widely adopted in maternity care.



### Dean's Medal of Distinction Faculty of Applied Science

The Faculty of Applied Science *Dean's Medal of Distinction* was created in 2015 to mark the celebration of the University of British Columbia and Applied Science's 100th anniversary. The medal serves to recognize individuals who have brought high honour to the Faculty and/or who have made long standing/significant contributions to advance its vision, mission and mandate. In 2016, this medal was bestowed upon 100 distinguished individuals during the Faculty of Applied Science Centennial Celebration on April 14, 2016.

Twelve Emeriti received the award:



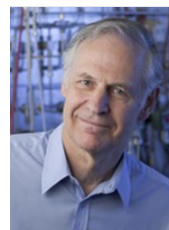
Joan Anderson



Norm Epstein



Liam Finn



John Grace



George Homsy



Richard Kerekes



Charles Laszlo



Douglas Paterson



William Rees



Martha Salcudean

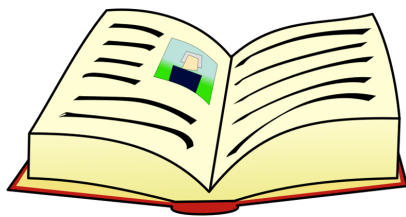


Indira Samarasekera



K.D. Srivastava

## Recent Publications by Emeriti



Ying-shih Yü, with the Editorial Assistance of Josephine Chiu-Duke and **Michael S. Duke** (Professor Emeritus of Asian Studies), *Chinese History and Culture* ( 2 volumes), New York: Columbia University Press, 2016.

## "What are they up to now?" Department

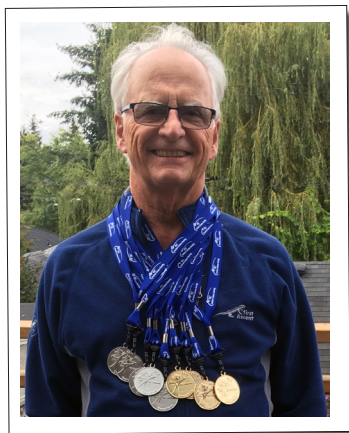
**Jim Zidek** (Professor Emeritus of Statistics): a research project for WHO's *Global Air Pollution Health Effects Model*

The *World Health Organization* (WHO) has recently announced results of a study carried out by an international team of researchers led by Gavin Shaddick of the University of Bath and including **Jim Zidek**. Some of the work on the study was done while he was the Global Chair at the *Institute for Mathematical Innovation* at the University of Bath. The research team has developed a model to study air quality around the world. The team has focussed on particulate matter, which is strongly associated with adverse health effects. The team has integrated data from a variety of sources and has produced an interactive map [ <http://maps.who.int/airpollution/>] to show its findings. See the WHO news release for more information. [ <http://www.who.int/media-centre/news/releases/2016/air-pollution-estimates/en/>]



*They said "What do you want? A medal?" I always said "yes".*

## UBC Emeriti Paddle to Podium in B.C. 55+ Seniors Games Coquitlam, Sept. 20-24.



*Skip Ray with his medals*

The City of Coquitlam, as part of its 125 Anniversary celebrations, hosted the annual B.C. 55+ Seniors Games this year. Three UBC emeriti were prominent in the swimming competition of the games, harvesting a tsunami-size total of 21 gold and silver medals in the 3-day meet. **Skip Ray** (History) led the "paddle to the podium" with three individual event golds, three silvers, and three medals in the Lower Mainland Zone 4 mens' relay teams. **Ivan Szasz** (Medicine-Radiology) nearly matched Ray in individual events with 3 golds and two silvers. He added a gold and 3 silvers in the relay competition. Still nursing a torn rotator cuff in his shoulder, **Kal Holsti** (Political Science) entered just two individual events, winning both, and swam the breaststroke leg of the men's medley relay for another gold. UBC profs provided the bulk of the Zone 4 men's team medal count. It came in second in the team competition, won by the gentlemen representing the Fraser Valley.

*Arthur "Skip" Ray and Ivan Szasz went on to compete at the Huntsman World Senior Games in St. George Utah in early October. Together they garnered nine medals. Go to <http://www.seniorgames.net/> for detailed results.*

The city of Vernon will host the September 2017 competition. The games attract 2300 athletes participating in 22 sports. Further information is available at [www.55plusbcgames.org](http://www.55plusbcgames.org).

— Kal Holsti



## Around Town

*The Lost Operas of*  
**MOZART**

October 27, 28 & 29 2016

presented by Vancouver City Opera

- the Canadian premiere of three lost operas by Mozart
- wonderful music you have never heard – until now
- the first appearance by Bramwell Tovey IN an opera
- our first Mozart

8pm. Christ Church Cathedral, Georgia x Burrard.  
All seats \$48/\$24, general admission. Tickets on sale at Sikora's Classical Records, 432 West Hastings, at the door, and online at <http://lostoperas.brownpapertickets.com/>

**UBC Opera Ensemble presents**



**The Consul**

Opera in Three Acts // Sung in English  
Gian Carlo Menotti // Composer & Librettist

November 3, 4, 5 // 7:30 pm  
November 6 // 2:00 pm

Old Auditorium, UBC

Norbert Baxa Conductor  
Nancy Hermiston Director  
Members of the Vancouver Opera Orchestra  
Tickets: \$15-\$41 from [ubcoperatickets.com](http://ubcoperatickets.com)



CHOR LEONI/MEN'S CHOIR  
Erick Lichte  
ARTISTIC DIRECTOR

Remembrance Day  
**WAR/POET**

**November 11, 2016**

1 PM | WEST VANCOUVER UNITED CHURCH  
2062 ESQUIMALT AVE, WEST VANCOUVER

8 PM | ST ANDREW'S-WESLEY UNITED CHURCH  
1022 NELSON ST AT BURRARD, VANCOUVER

[ticketstonight.ca](http://ticketstonight.ca) | 1.877.840.0457  
[chorleoni.org](http://chorleoni.org)

*EnChor Choir presents*  
**Reminiscence:**  
*Songs of nostalgia & hope*



**Friday November 18, 7:30 pm**  
St. John's Shaughnessy  
Anglican Church  
1490 Nanton Avenue at Granville Street

Artistic Director  
Gerald van Wyck

Tickets \$20 (youth free)  
[ticketstonight.ca](http://ticketstonight.ca) (no service charge)  
or at the door

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enchor.ca



This long-running series is ideally suited to those who prefer daytime concerts (and a seniors' discount). All performances take place at the Vancouver Academy of Music, 1270 Chestnut Street. Concerts begin at 10:30 am, preceded by refreshments beginning at 10:00 am. The same organization also offers a program called "Tuning In", where well-known CBC host Eric Friesen interviews musical celebrities as well as musicians on their way up. For more information or to purchase tickets visit [www.musicinthemorning.org](http://www.musicinthemorning.org) or telephone 604-873-4612.

### Main Concert Series

**Wallis Giunta, mezzo-soprano,**  
November 16-18

**A Touch of Brass Quintet,** December 14-16  
Mozart and Bach with **Diana Doherty, Terrence Tam and Lorraine Min,** January 18-20

**Krakauer/Tagg Duo: Breath and Hammer,**  
February 15-17

**Miriam Fried, violin:** Works of Solo Bach,  
March 15-17

### Tuning In with Eric Friesen

**Emily Molnar** — September 28, 2016

**Judith Forst** — November 30, 2016

**Bill Richardson** — February 1, 2017

**Janina Fialkowska** — March 29, 2017



### Vancouver Institute Lectures

Molecular Biology, and Microbiology and Immunology, UBC, *Let them eat dirt: Raising children with their microbes.*

**November 5:** Dr. Santa Ono, President and Vice-Chancellor, UBC, *An evening with Dr. Santa Ono, UBC's 15th President.*

**November 12:** Walter "Robby" Robinson, Journalist, *The Boston Globe*, *Spotlight on the Church: How Sex Abuse Went Unnoticed for So Long and What It Took to Expose It.*

**November 19:** Professor Gage Averill, Dean of Arts & Professor of Music, UBC, *That Old Quartet of Mine: Harmony, Race and Nostalgia* (with demonstrations by a barbershop quartet).

**November 26:** Professor Deborah Campbell, Creative Writing, UBC, *A Disappearance in Damascus.*

**December 3:** Professor Mark Winston, Biological Sciences, Simon Fraser University, *Bee Time: What Can We Learn from the Demise of Bees?*

All lectures  
take place in IRC 2 at 8:15 pm.

### UBC School of Music Wednesday Noon Hour Concerts 12:00 pm, Barnett Hall Admission \$5

**October 26:** *La Modestine* Marc Destrubé, baroque violin; Natalie Mackie, viola da gamba; Michael Jarvis, harpsichord. *Rebel, Erlbach, Buxtehude, Marais and more.*

**November 2:** "Words" Project Amanda Tosoff Quintet. *A new blending of jazz, poetry, art song, classical, and folk/pop.*

**November 9:** *Bamboo: Folk and Traditional Music of Vietnam Lullabies, peasant work songs, troubadour music and more.*

**November 16:** Aquilo Woodwind Quintet, *Chamber Music for Winds: Barber Summer Music, Op. 31; Nielsen Wind Quintet, Op. 43.*

**November 23:** Matt Poon, piano, winner of the Eckhardt-Gramatté Competition plays Ligeti: *Études pour piano, premiere livre;* Ryan: *Mirari*, plus other works by Mobberley, Ristic, Cage and more.

**January 18:** Penderecki String Quartet, plus David Gillham, violin; Chiharu Iinuma, piano perform *Murphy*, New work TBA; *Chausson, Concerto for Violin, Piano and String Quartet, Op. 21.*