



SPEC Elders Circle
Reclaiming Elder Wisdom



“Why Age? To grow in wisdom.
Why Survive? To realize our purpose.
Why Thrive? To express our creativity.” *

The **SPEC Elders Circle** presents

Dr. Marc Agronin

Thursday, June 24, 2021

4:00 - 5:30 pm (Pacific)

Online via Zoom

Join us as the **Claiming Our Role as Elders Program** welcomes special guest Dr. Marc Agronin, one of America's leading geriatric psychiatrists and the author of *The End of Old Age: Living a Longer, More Purposeful Life**.

“Aging brings strength. When we realize the truth of this message, we can begin to end the tired and constricted notions of ‘old’ that we internalize throughout our lifetime and that serve to denigrate and limit our aging self and perpetuate an ageist culture.” Dr. Marc Agronin

Dr. Agronin shares a hopeful and practical model for aging and a guide to understanding how we can all make the journey better.

This is a free event but registration is required. RSVP by June 23.

For information: elders@spec.bc.ca

To register: [Eventbrite](#)

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