



UBC Emeritus College

Note: New Location

ANNUAL GENERAL MEETING

Wednesday, April 17

**St. John's College
2111 Lower Mall**

(Partners and guests are welcome)

Agenda

- 1:00 pm Coffee, tea, sandwiches and conversation
- 1:30 PM Business Meeting, including Election of Officers
- 2:00 pm **Concert by EnChor, Artistic Director Morna Edmundson**

EnChor is an auditioned SATB choir for over-55s founded in 2007 by the late Diane Loomer, CM. *Enchor* has sung for the biennial gathering of Canada's leading choral conductors, at Festival 500 in St. John's Newfoundland, and was the core choir at the BC Choral Federation's 2014 *Chorifest*. We appear annually in the Vancouver Symphony Orchestra's *Traditional Christmas Concerts* series. Our reputation earned us an invitation to perform in April 2018 in Vernon as part of the North Okanagan Concert Association's annual series. We were also selected to perform during the Vancouver Symphony's free "Day of Music," in January 2019, celebrating the orchestra's 100th anniversary and its contributions to the community.



EnChor's Artistic Director **Morna Edmundson** is one of Canada's best-known choral conductors. In addition to directing EnChor, she is Artistic Director of *Elektra Women's Choir*. Passionate since childhood about choral singing, Morna obtained degrees and diplomas in vocal music in Vancouver, Bellingham, and Stockholm. Her accomplishments have been recognized with the BC Choral Federation's *Healey Willan Award* (2000), a *BC Community Achievement Award* (2009), *YWCA Woman of Distinction Award*, Arts and Culture category (2011), and *UBC Alumni Builder Award* (2017). Since 2013, she has served as a Board member of Chorus America, the advocacy, research, and leadership development organization that gives voice to the choral field. She is the daughter of Don Russell, Professor Emeritus of Geophysics.

The Choir is honoured to have **Ken Cormier** as its accompanist. Ken has extensive experience with Vancouver Opera and Vancouver's professional music theatre as pianist and music director. He is in great demand as an accompanist and arranger in the choral world.



Note: four UBC emeriti sing with *EnChor*. See page 15.

College Council 2018-19

Dianne Newell, Principal
dnew@mail.ubc.ca

Donald Fisher, Vice-Principal
donald.fisher@ubc.ca

Stephen Tredwell, Past President
tredwell@me.com

Donald Blake
 Secretary and Newsletter Editor
[dblake@politics.ubc.ca](mailto:dBlake@politics.ubc.ca)

Members-at-large

George Bluman
bluman@math.ubc.ca

Elaine Carty
elaine.carty@midwifery.ubc.ca

Nichola Hall
ranhall@telus.net

Linda Leonard
linda.leonard@ubc.ca

John McNeill
john.mcneill@ubc.ca

Herbert Rosengarten
herbert.rosengarten@ubc.ca

Kjell Rubenson
kjell.rebenson@ubc.ca

Graeme Wynn
wynn@geog.ubc.ca

Ex-Officio Members

UBCAPE, now the Emeritus College, could not function without the contributions of many past Presidents/Principals who continue to provide their services. They are too numerous to list here, but you can see who they are by visiting <https://www.emeriti.ubc.ca/executive>.

Newsletter Editor

Donald Blake
[dblake@politics.ubc.ca](mailto:dBlake@politics.ubc.ca)

UBC Emeritus College Office

Administraton: Sandra van Ark & Christina Girardi

Office address: Copp Building Room 4004, third floor
 2146 Health Sciences Mall, UBC
 Vancouver, BC, Canada V6T 1Z3
 Telephone: 604-822-1752

email: admin@emeriti.ubc.ca

website: www.emeriti.ubc.ca

Facebook: <https://www.facebook.com/UBCemeriti/>

Twitter: @UBCemeriti

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Emeritus College News

Principal's Report



Vancouver in spring time is usually impressive enough with its blossoms and bird songs that I seldom notice anything else new about the season. But this year there are too many signs of 'new' and 'special' all around me at the *Emeritus College* not to share my thoughts about some of what is happening. At our 20th of March General Meeting, President Santa Ono not only presented the second of our new President's awards for distinguished service by an Emeriti and sponsored the wine and cheese reception, but in his remarks made the surprise announcement that UBC would match Professor Emeritus Jack Rootman's donation of \$50,000 to our new UBC College Endowment fund. He also remarked that in the nearly three years since arriving at UBC, working with us has been one of his favorite things to do. How fortunate for us. And there is more. He held out the tantalizing possibility that he had a 'surprise' for Emeriti who attended the College's celebratory reception on 12 April (so, don't forget to register). We know that he is keen on our symposium, has already donated substantial financial support for it, will be moderating one of the sessions (afternoon of the 12th), and at the reception, will present us with a charter and a banner. Only months after he arrived at UBC, President Ono addressed a fall meeting of UBCAPE at which he promised that the reputation of the University would include being 'best in the class' in Canada with regard to Emeriti. It would seem that he meant it.

—Dianne Newell

Symposium: Scholarship in the Future University

Registration for symposium on April 11 and 12, 2019 is open.

To mark and celebrate the establishment of the UBC Emeritus College, the Governing Council is pleased to announce a 1-1/2 day interdisciplinary symposium, "Scholarship in the Future University," to be held at UBC's Liu Centre on April 11 and 12, 2019.

Invited speakers and panelists will cover topics including:

- the internationalization of university education;
- scholarship, World University Rankings, and the changing nature of academic work;
- First Nations stories, history, and converging lines of evidence about the past;
- scholarship in the age of populism and the era of "fake news";
- interdisciplinary approaches to outer space studies;
- scholarship in a federal system of higher education;
- universities and government.

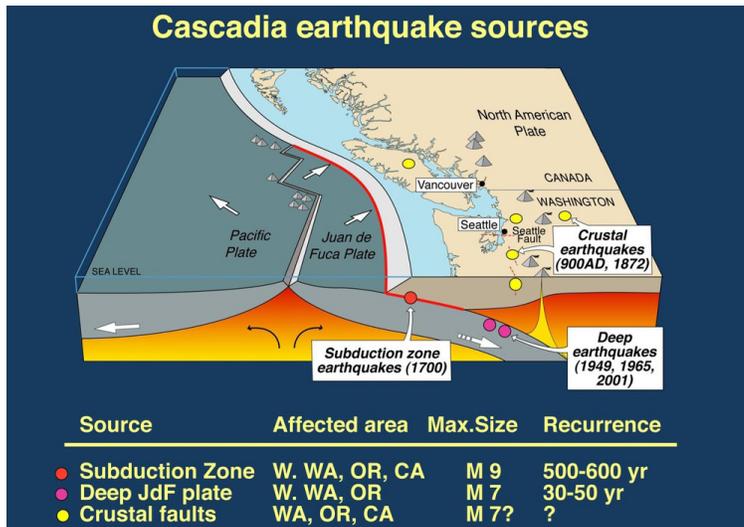
Topping off the grand opening event will be a special reception at Sage Bistro, which will include a toast to the College and a presentation of a commemorative charter for the College by President Ono.

More information on the program, speakers and registration is available at:

<https://emerituscollege.ubc.ca/symposium2019>

March 13 General Meeting

Vancouver's Earthquake Hazards



The afternoon's speaker, **Simon Peacock**, Professor of Earth, Ocean and Atmospheric Sciences, and former Dean of Science, provided a fascinating look at Vancouver's earthquake hazards. The hazards are caused by the subduction of the Pacific plate under the continental plate off the west coast. Of particular concern is a section of the zone that has become "locked," and will eventually lead to a massive earthquake and tsunami, comparable to the 2011 Fukushima event. The main concern for Vancouver is the likely effect on



infrastructure that will be heavily damaged by ground shaking and rockslides, including transportation and communication networks, airports, ports and shipping channels, water systems and critical facilities such as hospitals and fire stations. Unfortunately, earthquakes remain unpredictable and, as individuals, there isn't much we can do to prepare—although Professor Peacock always keeps a flashlight and slippers close to his bed.

President's Award for Distinguished Service by Emeriti



—Martin Dee photo

One of the highlights of the afternoon was the presentation, by President Santa Ono, of the *President's Award for Distinguished Service by Emeriti* to Marguerite Chiarenza, Professor Emerita of French, Hispanic and Italian Studies.

Since her retirement, Professor Chiarenza has worked tirelessly to enhance the education opportunities provided to girls in East Africa. She is the founder and fundraiser of *Kenya Foundation to Aid Children Through Education*, a non-profit dedicated to that mission. The Foundation focuses on Homa Bay, one of the poorest areas in Western Kenya, and possibly the hardest hit by AIDS.

In Kenya, while primary school fees are provided by the government, secondary education is out of reach for the poorest children, many of whom are orphaned or have parents who are too sick to provide for them. Without education these children have

little hope of escaping a life of the most extreme poverty. The Foundation's efforts are concentrated on girls, who are especially vulnerable to very early marriage, sexual exploitation, AIDS and pregnancy as early as 13 or 14.

Secondary boarding school educates girls in a protected environment for four years; it offers them better knowledge of how to protect and care for themselves and their families and better hope for a job after graduation. Those who perform especially well may, with the help of government loans and scholarships, be able to continue toward higher education and a professional career, becoming leaders in their communities and role models for other women.

For more information about the Foundation and the opportunity to donate, go to: <http://www.kface.org/>

Recognition of Jack Rootman

Jack Rootman, Professor Emeritus of Ophthalmology, was also recognized at the March meeting for a contribution of \$50,000 to the UBC Emeritus College Endowment on behalf of his wife, Jenny, and himself. Moments later, **President Santa Ono** announced that he would match Professor Rootman's donation.

As noted in the March newsletter, Jack Rootman is also an accomplished artist. His artistic journey has been driven by the natural curiosity of an observer and by an interest in the figure and spiritual values. His principal goal is to represent some of the universals in human behavior and the environment, with special emphasis on those moments that touch the spirit.

A series of his paintings, *Nocturnes*, will be shown in Vancouver at the **Visual Space Gallery**, 3352 Dunbar Street, June 1 to 9th, 12 to 5pm. Exhibit opening reception: June 1, 3 to 5 pm. *Nocturnes* are about what we notice at night and may not be aware of during the day, with particular interest in the universals of human behavior.



Jack Rootman (left) with UBCAPE Past President Stephen Tredwell



Display of recent books by UBC emeriti

Vice-Principal Donald Fisher presenting coveted College umbrella to guest speaker Simon Peacock



Emerita Judy Hall discussing one of the new books with Santa Ono



Martin Dee photos



UBC Emeriti at the 2019 Congress of the Social Sciences & Humanities

The new UBC Emeritus College is already stirring interest outside UBC. We have been invited to run an information panel on transitioning to retirement at the forthcoming Congress of the Social Sciences and Humanities, to be held on the UBC Vancouver campus in the first week of June. Speakers will include Carolyn Gilbert, Stephen Tredwell, and Ken Craig; the moderator will be Herbert Rosengarten. The session is to appear in the Congress program under the title "Extending the Academic Lifespan: Staying Connected After Retirement," and is scheduled for Tuesday, June 4, 2019 in the AMS Nest, room 2306, 8:30 a.m. – 10:00 a.m.

The Congress will also be providing a meeting space/lounge for Professors Emeriti in the Robert H. Lee Alumni Centre for the whole week of Congress, to encourage emeriti to attend the Congress and meet their counterparts from other universities and colleges.

Report of the Nominating Committee

The University of British Columbia Emeritus College Nominating Committee, composed of Carolyn Gilbert, Paul Marantz, Olav Slaymaker, Richard Spencer, Richard Tees and Stephen Tredwell, has proposed the following slate of Officers and Members-at-Large for election to the College Council at our Annual General Meeting on April 17, 2019.

Principal: Donald Fisher

Vice-Principal:
Graeme Wynn

Member-at-Large

George Bluman
(one-year term)

John McNeill
(one-year term)

Anne Junker
(one-year term)

Sandra Bressler
(two-year term)

Linda Leonard
(two-year term)

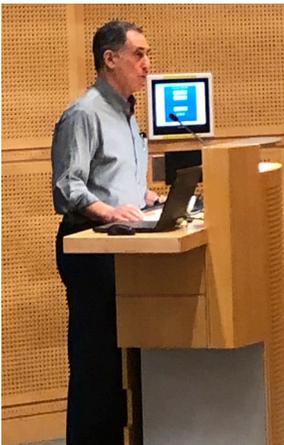
Herbert Rosengarten
(two-year term)

Joost Blum
(three-year term)

Margery Fee
(three-year term)

Michael MacEntee
(three-year term)

Meeting on Extended Health and Travel Insurance



Paul Marantz, Chair of the Benefits Committee

On February 27, the *Emeritus College* hosted another well-attended meeting to discuss extended health and travel insurance available to UBC emeriti. Representatives from the UBC/Sun Life Plan, MEDOC plan, Johnson Plan and RTO plan attended to make brief presentations and answer questions. Those who were unable to attend the meeting are encouraged to read the College's user-friendly guide to insurance, "Choosing Extended Health and Travel Insurance." It is available on the College web site <http://www.emeriti.ubc.ca> To view or print, just click on the "Benefits" link.



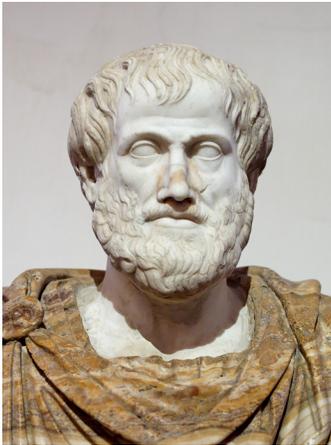
Subsidy for Continuing Scholarly Activities



The Emeritus College invites applications for the reimbursement of expenses incurred by Emeriti while conducting Scholarly Activities during the academic year 2018-2019. Remember to save your receipts for research expenses for which you have not been able to be, or have not been, reimbursed. The deadline for submission of receipts is July 15, 2019, but please submit earlier if you have completed the activity before then. Information and forms are available on the Association web site: <https://www.emeriti.ubc.ca/subsidy2019>

If you have questions, please contact Office Manager, Sandra van Ark, admin@emeriti.ubc.ca.

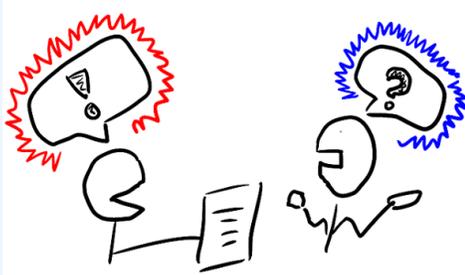
Interested in Aristotle?



For an hour and a half every Friday afternoon at 3:30 pm, a small group of UBC faculty, emeritus faculty, and students meet in room 115 of the Peter Allard Law Building. Everyone brings a translation of the book that we choose to read (the more talented bring the original Greek text). One of the group then begins reading at the point that we stopped on the previous week. Since the participants have different translations, the reading is often stopped because the translations can be surprisingly different. Or if people do not like what they hear they can stop the reading and initiate a discussion of the point under consideration. The current participants have come to appreciate the beauty of this learning technique. Some of us have been part of the group for 20 years, and we feel it would be nice to have an infusion of new blood to further stimulate the discussion. No previous experience is necessary to joining the group, and none of us reads Aristotle outside the Friday sessions.

We are currently reading chapter one of *Nicomachean Ethics*. If you would like to sample the Reading Group you can just drop in on us next Friday at 3:30. However, just to be sure that we haven't cancelled the session because of the flu or some other problem, please feel free to call Elmer Ogryzlo at 604 261-9219 or send an email to ogryzlo@chem.ubc.ca.

Farewell from your Emeritus Newsletter Editor



This is the final UBC Emeritus newsletter produced with me as editor. It's been six years since my smooth-talking predecessor as editor, Carolyn Gilbert, paid for that cup of coffee in Wesbrook Village and convinced me to take over her job. I did so with trepidation, since she had done so much to make the Newsletter a central feature of our organization's service to members. Given the expansion in our activities since my first issue in September 2013, the newsletter has grown from an average length of 10-14 pages to its current 16-20 pages. I have never had difficulty filling those pages, thanks to the efforts of our committee

chairs, our network of Department Representatives, the e-blasts from our Office Manager, Sandra van Ark, and I hope, my efforts to make the publication comprehensive and interesting. I will continue working with the communications team in the Emeritus College during the transition to a new editorship and, of course, will remain an enthusiastic member of the College.

The College is currently seeking my successor as editor. Please indicate your interest in being involved with the Newsletter and/or the Communications Committee to the College staff: admin@emeriti.ubc.ca. Thanks to new resources provided by UBC, the College staff will be undertaking most of the production work.

It's been a wonderful run for me. As H.G. Wells said: "no passion in the world is equal to the passion to alter someone else's draft." I sign off with thanks to those who have been especially helpful to me as editor, in the "nitty-gritty sense," particularly Paul Marantz, "beware auto-hyphenation;" and Carolyn Gilbert, "she whose Oxford comma must be obeyed". [Hmm, should that final period precede or follow the end quote mark?]



Thanks everyone.

—Donald Blake

Another highly successful retirement planning seminar for UBC Faculty!

UBC faculty members, including spouses, took advantage of the third offering of the reinvented *Transition into Retirement* seminar, which is co-sponsored by Faculty Relations, in concert with the UBC Emeritus College, Transitions to Retirement Committee. Thus far, 88 UBC faculty members and 17 spouses/partners have listened to and interacted with an array of speakers during the half-day seminars.

The scope of the seminar goes well beyond financial planning and optional health benefits available to UBC faculty retirees. It includes the impact on self and identity when one leaves a long-held faculty position, the concept that retirement is a life-transition occurring over time, and that there are ways to ease into retirement while still working at UBC. The seminar is capped with vignettes from UBC emeriti about how they are leading lives full of purpose and satisfaction. It ends with opportunities over lunch to talk informally with invited College members. The overall ratings from the attendees for our latest offering were excellent and the highest achieved thus far.



The keynote presentation was made by Helen Wilkes, a retired UBC faculty member who is not only an author but an octogenarian. Helen shared the key principles for achieving a successful, meaningful and purposeful retirement which are contained in her latest book, *The Aging of Aquarius: Igniting Passion and Purpose as an Elder*. Comments from the attendees included: "thought-provoking", "inspiring" and "I'm more comfortable with the idea of retiring now". All of the registrants received a complimentary copy of her book.

We are interested in hearing from emeriti who would like to join the seminar attendees during an informal lunch, aka, the Lunch-Table Conversations. It is a highlight for faculty to hear your stories about life in retirement and to ask questions. Please let Sandra or Christina know if you are interested or want more details. admin@emeriti.ubc.ca.

—Linda Leonard, Co-Chair, Transitions to Retirement Committee

Science Emeriti Lunch 2019

Monday, May 13, 2019 from 11:30am - 1:30pm

Beaty Biodiversity Museum, Djavad Mowafaghian Atrium



The Faculty of Science welcomes Science Emeriti to the Beaty Biodiversity Museum for the sixth annual Science Emeriti Lunch, hosted by Dean Meigan Aronson. Museum director Rick Taylor will lead a tour of the collections following a complimentary lunch.

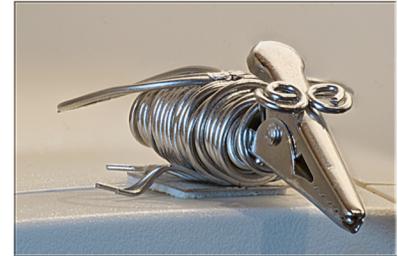
Retired Science faculty who would like to attend should contact Rosalia Ciulla at 604 827 4466 or events@science.ubc.ca.

Attendees at last year's Science Emeriti lunch

Emeritus College Activity Groups

Photography Group

The Photo Group met on March 1st for a demonstration and talk on macro photography by Brian Bemmels. A member of the group, Roy Saunders, was inspired to try it himself using some recently purchased equipment. The novelty paper clip (right) is only 4-5 cm long, the actual size in each of the images in the accompanying photographs.



The image on the left was the first of several exposures, each with a different focus point. The sharp final image was achieved by "stacking" 16 different images.

Next meetings (All in Henry Angus 135) from 3-5 pm:

Friday, April 5: "Winter." Each participant will provide 5-8 images for discussion.

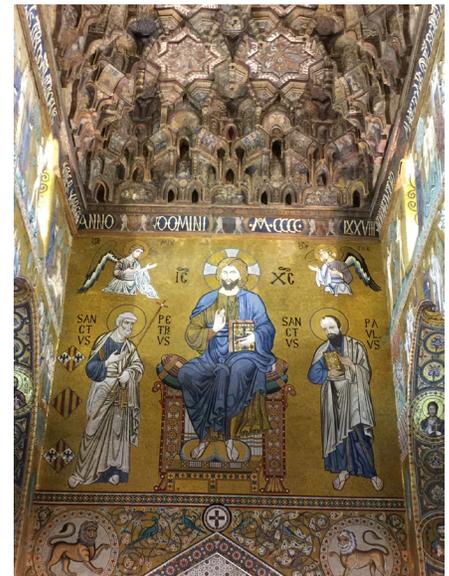
Friday, May 17: theme TBA

Friday, July 5: a talk by Derek Applegarth about "printing from Lightroom."

The group welcomes new members. To get on the mailing list for meeting announcements, please contact Derek Applegarth: derek.jenny@shaw.ca.

Travel Group

At the March 21 meeting of the Travel Group, **Carolyn Gilbert** presented a slide show of a three-week driving tour of Sicily in the Spring, when the wildflowers were in bloom. The Gilberts were enticed there by Sicily's history of being ruled by one civilization after another, from Phoenician to Greek, Carthaginian, Roman, Arab, Byzantine, Norman, Spanish and more, each leaving behind a heritage of flora and influences on the cuisine and language, as well as magnificent artistic and archaeological remnants. After sightseeing in Palermo and Monreale, where highlights were the Norman churches with Byzantine mosaics, John and Carolyn visited the delightful Cefalú, with its own Byzantine laundry as well as Norman church with yet a third Byzantine mosaic Christ Pantocrator. After a dip south to see the extensive mosaic floors in the Casale Romana, they proceeded around the island in a clockwise manner, from Taormina, to Catania, Siracusa/Ortigia, Noto, Modica, Scicli, Ragusa, Agrigento (with the impressive Valle dei Templi), Marsala, Trapani, Erice, and Segesta. Favourite towns were Cefalú, Taormina, and Trapani and, needless to say, the Gilberts enjoyed the food and wine.



On April 18 at 3:00 pm (Barber Learning Centre, 461) **Joel Oger's** topic will be Syria. Members and their partners, together with guests, are welcome at all Travel Group meetings. Contact Richard Spencer at richard@rhspencer.ca if you would like to be added to our email list.



Film Group

The group will reconvene in the Fall. Watch for an e-blast announcing the next series.

In Memoriam

Michael Chandler	1938-2019	Professor Emeritus of Psychology University Service 1977-2003
Geraldine Dobbin	1929-2019	General Librarian Emerita University Service 1956-1990
David Evans	1939-2019	Associate Professor Emeritus of English University Service 1967-1999
Richard Rosenberg	1939-2019	Professor Emeritus of Computer Science University Service 1968-2004
Peggy Ross	1934-2019	Clinical Associate Professor Emerita of Anaesthesia University Service 1984-2000
Robert Scagel	1921-2018	Professor Emeritus of Botany University Service 1952-1986

Pot Luck with FWC



The UBC Faculty Women’s Club invites the UBC Emeritus College members and their spouses/partners to attend our next event, and men are more than welcome to attend. Come out to meet us and learn more about our club – we’d love to have you join us!

Thursday, May 2nd, 2019

6:00 pm – Spring Potluck Dinner Social

Location - Cecil Green Park House, UBC

Cost - \$10 includes the main course (ham), tea and coffee

Contact – Jean Lewandowski (lewandowski191@hotmail.com)
by Thursday, April 25th to arrange what dish you can bring

Emeritus College Speakers’ Programs

Philosophers' Café

Friday, April 26: *“Income inequality”*

Some would say that widening income inequality is the defining challenge of our time. In advanced economies, the gap between the rich and poor is at its highest level in decades. A study by the World Institute for Development Economics Research reports that the richest 1% of adults alone owned 40% of global assets in the year 2000. This isn’t just an economic issue; it raises moral questions and leads to political polarization. What can we as a rich society do about this?



All Cafés are in the Tapestry classroom, 3338 Wesbrook Mall, starting at 10:30 am. After the Café join us for lunch at Tapestry by calling 604-225-5000 or by checking in with the front desk before the Café to reserve a spot.

Senior Scholars' Series: The Passions that Drive Academic Life

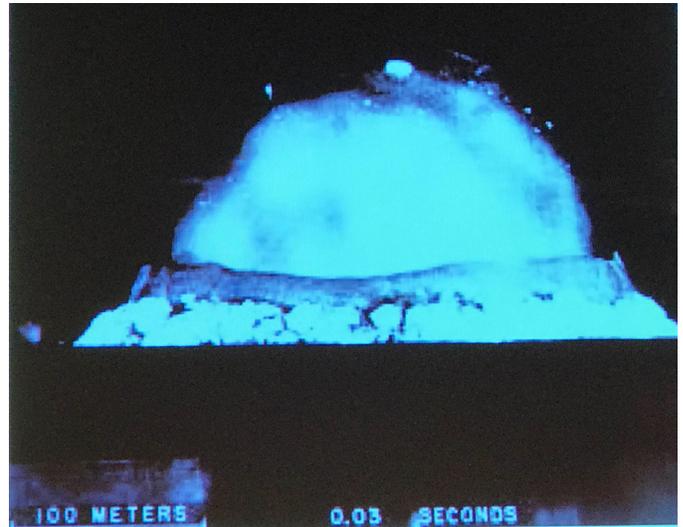
The Final Senior Scholar Speaker for 2018-19

How to Photograph an Atomic Bomb



On March 14, **John O'Brian**, Professor Emeritus of Art History, Visual Arts and Theory, presented the final Senior Scholars' lecture of the year, entitled "How to Photograph an Atomic Bomb." John spoke about how he was born into a military family in England during WWII, with his grandfather, father, and uncle representing three different branches of the service, not long before the first atomic bomb was dropped in Japan. Although he participated in the "drop, cover, and hold" drills for all school children of the time, John was unaware of the possibility of doomsday that became so real to the citizens of Hiroshima and Nagasaki. It was fifty years until he became enmeshed in the photographic study of nuclear catastrophe, detouring in his life through the study of economics and employment as an investment banker. Once engaged, he studied the relationship between art and capital at Harvard. After the 9/11 catastrophe in New York, he was pulled back to look at the beginnings, development, and deployment of the atomic bomb as represented in photographs, referring to Hannah Arendt's suggestion that "this generation may be psychologically disposed to return to sites of nuclear catastrophe."

During his talk he showed a photo of the first atomic bomb taken 0.03 seconds after it detonated, along with archival photographs of Oppenheimer, nuclear facilities, and explosions. Included were an art photograph by Rosalind Krauss that blended Reagan and Brezhnev, as well as one of Dr. Strangelove, of our young movie-going days. John also pointed out the role Canada played in producing the bomb, from mining uranium in the Northwest Territories to its refinement in Port Hope, Ontario, and reported that a high proportion of high school students there died from cancer. To this day it is a 'dirty' town, with radioactive water in the yacht club harbor, where sailors insist on putting down anchor. He noted that UBC had sent three graduate scholars to work with Oppenheimer—one of whom was Japanese and returned to Japan—that in 1952 there were 352 atomic bombs in the USA, and that Richland, Washington on the Columbia River (very proud of its role in atomic bomb production) is more toxic than Chernobyl. Its high school yearbook showed photos of graduating students posing on a mushroom-shaped cloud.



This series is co-sponsored by UBC Emeritus College and Green College and organized by Emeritus Professor John Gilbert.

All talks begin at 5:00 pm in the Green College Coachhouse. For more information: www.green-college.ubc.ca or GC.events@ubc.ca

Come at 4:30 for tea and coffee in the Green College Piano Room and stay for refreshments after the talks. To stay for dinner, tickets can be purchased through the Green College Office—604-822-8660.

Emeritus Awards



William H. (Bill) New, Professor Emeritus of English, will receive an **Honorary Doctorate** from UBC in the Spring 2019 Convocation. Bill is an internationally recognized literary critic, editor, anthologist, poet and children’s writer who has made an extraordinary and singular contribution to the creation and appreciation of Canadian literature and Canadian literary history. During his more than 50 years on UBC’s faculty, he won many prestigious awards for teaching and research, has served as the editor of numerous journals and authored over 150 scholarly articles.

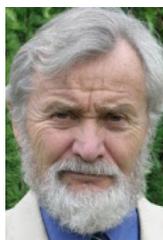
Fred Bunnell, Professor Emeritus of Forestry, received the **Ian McTaggart-Cowan Lifetime Achievement Award** from the Canadian Section of *The Wildlife Society* at the Society’s meeting in Canmore, Alta., March 23. The award recognizes individuals who have made outstanding contributions to the understanding, conservation, and/or management of wildlife in Canada over their careers. Bunnell has received more than a dozen national and international awards but finds this award special – McTaggart-Cowan was his hero as an undergrad at UBC before studying abroad.



Mary Ensom (Professor Emerita of Pharmaceutical Sciences) is the recipient of the 2019 **Rho Chi Pharmacy Honor Society Lecture Award**. She is first Canada-based individual to receive this award. Dr. Ensom delivered a lecture, entitled "How Kindergarten Prepared You to Responsibly Lead our Profession," at the Rho Chi / American Pharmacists Association (APhA) annual meeting in Seattle, WA on March 24, 2019. Rho Chi is an international honor society for pharmaceutical sciences. It was founded on May 19, 1922, to "encourage high scholastic achievement and fellowship among students in pharmacy and to promote the pharmaceutical sciences." Rho Chi has 128 chapters, with UBC's Delta Gamma Chapter being the only Canadian chapter.



Peter Wing (Professor Emeritus of Orthopedics) is the recipient of the Annual Medal of the **International Spinal Cord Society**, awarded each year to someone "who has made an outstanding contribution to the prevention or treatment of spinal cord injury or to research related to spinal cord injury." He is pictured (top left) with colleagues and friends in Nepal where he and his wife, Professor Emerita Claire Weeks (shown holding the children) have, for the last ten years, been supporting the development of SCI care in Nepal's Spinal Injury Rehabilitation Centre and training of a physician and surgeon there through their Spine Nepal project,



A recent issue of *Physicochemical Problems of Mineral Processing*, Vol. 54, Number 4, 2018, was put together to celebrate 60 years of scientific work by **Janusz Laskowski**, Professor Emeritus of Mineral Processing.

Recent Publications by Emeriti

Ken Craig (Psychology)

Craig, K.D. (2018). Towards the social communication model of pain. Pp. 23-42. In Vervoort, T., Karos, K., Trost, Z. and Prkachin, K.M., (Eds.). *Social and interpersonal dynamics in pain: We don't suffer alone*. Springer Nature, Cham, Switzerland.

Pillai Riddell, R. & **Craig, K.D.**, (2018). Developmental issues in understanding interpersonal features of pain. Pp. 43-56. In Vervoort, T., Karos, K., Trost, Z. and Prkachin, K.M., (Eds.). *Social and interpersonal dynamics in pain: We don't suffer alone*. Springer Nature, Cham, Switzerland.

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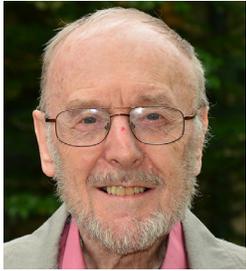
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"What are they up to now?" Department



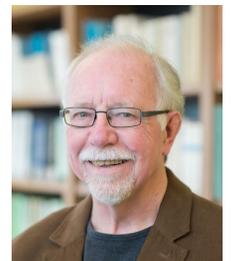
Derek Applegarth, Professor Emeritus of Pediatrics: *I serve on the Program committee for a Kwantlen Polytechnic University program called TALK – Third Age Learning Kwantlen. The program is described at kpu.ca/talk. We organise talks, on a great variety of subjects, lasting for about 2 hours at campuses in Richmond, Surrey, Langley and Cloverdale. The courses are for adults over 50 years of age. I get to meet interesting people and learn things so, I enjoy it. I act as a facilitator for courses and this often involves buying coffee for and choosing a potential speaker and acting as a facilitator at the talk itself. I continue to be part of the Richmond and Pender island photo clubs and continue to be involved in the Emeritus College Photo Group, with Mike Whitfield. I usually exhibit and sell a few photographs on Pender Island over the summer and that provides me access to the artistic community on Pender Island although I scarcely count as a serious artist within that prestigious group.*



In March, **Sneja Gunew** (English/Social Justice Institute) delivered the keynote address: "To find our measure, exactly, not the echo of other voices": Antigone Kefala's Ex-centric Australian Modernity," at the Association for the Study of Australian Literature.

John Wilson Foster (English) has recently been writing and editing text for permanent exhibitions in Belfast. He co-wrote the text for the new 16-gallery exhibition in Belfast City Hall on the history and culture of the city. He copy edited the text for a new permanent exhibition devoted to the Irish socialist and 1916 rebel James Connolly in St Comgall's visitor centre, West Belfast. He copy-edited the text for the new *History of Presbyterianism in Ireland* exhibition in Fisherwick Place, Belfast (Presbyterian headquarters in Ireland).

Graeme Wynn, Professor Emeritus of Geography, will deliver his President's address entitled "Framing an Ecology of Hope" to *The American Society for Environmental History* in Columbus, Ohio on April 11. The end of this month also sees the release, under the On Point imprint of UBC Press, of *The Nature of Canada*, a 384-page collection of thoughtful and engaging essays edited by Wynn and Colin Coates of York University. Sharon Butala, author of *The Perfection of the Morning: An Apprenticeship in Nature*, reports being so engaged by the book that: "I read it with the unflagging interest and close attention I usually reserve for critically acclaimed novels. Innovative in its approach and ideas, it articulates a wide, unusual, and most welcome vision of Canada." Roy MacGregor, author of *Original Highways: Travelling the Great Rivers of Canada*, claims that it is "not often an environmentalist gets to say 'Hug a book!' – but this is the one to embrace if you want to understand how nature is everything Canada is and will be."



Marvin Westwood, Professor Emeritus of Counselling Psychology, reports that the Veterans Transition Network and the UBC Centre for Group Counselling and Trauma will deliver the *Veterans Transition Program*, which he helped to develop, to Veterans in the U.K. As demonstrated in Canada, the program has the potential to dramatically increase the quality of life for Veterans transitioning to the civilian world. The project includes a 3-year pilot in Norfolk, delivered by local National Health Service (NHS) clinicians, trained by the Canadian team from UBC. An evaluation of the impact and effectiveness of the Program will be conducted by researchers from the Veterans and Families Institute for Military Social Research (VFI) at Anglia Ruskin University (ARU). Additionally, a robust 3-year implementation plan will be executed to 'train the trainer' for psychologists in the U.K.

From Classroom to Concert Stage: Four Emeriti Embrace the Choral World

Donald Blake (Political Science)

My “singing career” began as a boy soprano in a church choir in a small town in the Rockies, and ended (or so I thought), when my voice changed. Luckily, I continued with years of piano lessons. I was certainly not a prodigy, but I learned to read and appreciate music. After that, nada, as I pursued degrees and a career in political science, except for singing along to the car radio on long trips. The payoff came in 1996 when I returned from a sabbatical after finishing my term as Head of the Political Science Department. My wife Lorna, deciding that I should do some activity for my personal enjoyment rather than for professional reasons, spotted an item in the *Vancouver Sun* advertising auditions for the *Vancouver Welsh Men’s Choir*. She convinced me to try out and I was accepted. I credit the fact that I have three Welsh grandparents (and could read music) for my “triumph.” After 14 years with the VWMC, I joined *EnChor* for a different kind of challenge—singing harmony in an SATB choir. I am pleased to sing in the tenor section, and, to earn my keep, I created and maintain the *EnChor* web site, design posters, programs and publicity, and serve on the *EnChor* Board.

Larry Burr (Cardiac Surgery)

As the (then) mandatory retirement age grew closer, thoughts turned to the transition to post-employment life. A diagnosis of cancer intervened in 2001 and precipitated instant retirement for the treatment protocol. Now what? Some medical student teaching sessions followed, but it was not possible to return to cardiac surgery. It was time to embrace the next phase of life. Singing had always been a major part of my life—high school, church, university—and it was time to enjoy it again. My wife Maggie Burr, a professional singer and teacher, has ensured that music filled the home over the years. An invitation to join the Board of *Chor Leoni Men’s Choir* rekindled my interest in singing, and I sang as an ‘extra’ when they needed

a larger choir. In 2007, Diane Loomer invited me to be a founding member of *EnChor*, a choir for “experienced singers with a varied and intense repertoire.” My ten years on the Board of *EnChor* were challenging and instructive, and I continue to serve as Production Manager as well as singing in the bass section.

Pete Chamberlain (Political Science) I’ve been a chorister all my life ... well, about 70 years of it. Quartets, triple quartets, madrigal groups, chamber groups, church choirs, single-voice choirs, glee clubs, symphonic choruses—practically the whole gamut. I’ve taken time off to do other things—earn several degrees and teach for 33 years at UBC—but truth be told, choral music has always been central to my self-identity. Not singing, per se—my voice is mediocre, at best—but choral singing: making music with others, touching other minds and hearts through vocal harmony. I’ve paid my dues by occasional board service: *Vancouver Bach Choir*, *Chor Leoni Men’s Choir*, *EnChor Choir* and the *Vancouver Youth Choir*. But the meat is in the singing. It’s a hugely rewarding way to spend one’s life!



From left: Pete Chamberlain, Larry Burr, Don Blake & Tony Podlecki

Tony Podlecki (Classics)

After holding positions at Northwestern and Penn State, I came to UBC in 1975 as Head of the Department of Classics (as it was then known), from which I retired in 1998 as Professor of Greek history and literature. In post-retirement years I have been a visiting professor at Swarthmore College, Pennsylvania, and the universities of Nancy and Grenoble, France. My research interests are in the fields of the literature and history of archaic and classical Greece, and the interconnections between these two areas. I have published extensively on a range of topics, most recently *Perikles and his Circle and Aeschylus, Prometheus Bound*, text, translation and commentary. Since coming to Vancouver, I have sung in several choirs including the *Cantata Singers*, *City Singers*, and *Brock House/Kerrisdale Choir*. Currently, besides *EnChor*, I sing in the *Vancouver Bach Choir*.

The Benefits of Singing for Seniors

Did you know that singing can significantly help seniors afflicted with neurological diseases? A recent study found that singing was instrumental in improving the brain functionality of those diagnosed with Parkinson’s disease and aphasia. However, singing can do a lot more than just that! Singing can provide seniors with the opportunity to network and engage socially, while improving brain health and overall quality of life.

Top 3 Benefits of Singing for Older Adults

(1) Networking and Engagement in Social Activities

In addition to several health benefits, being a part of a choir or other social singing group can create a social network for elders. This regular activity builds new relationships and creates something for them to look forward to.

(2) Improvement of Overall Brain Health

Singing can directly impact the emotional regulators within the brain. This can help improve overall mood by actually releasing certain chemicals such as dopamine. Singing touches on four of the five key cornerstones mentioned in our blog *How to Improve Your Brain Health*: movement (being active), discovery (learning new things), relaxation (stabilizing mood) and connection (networking with others).

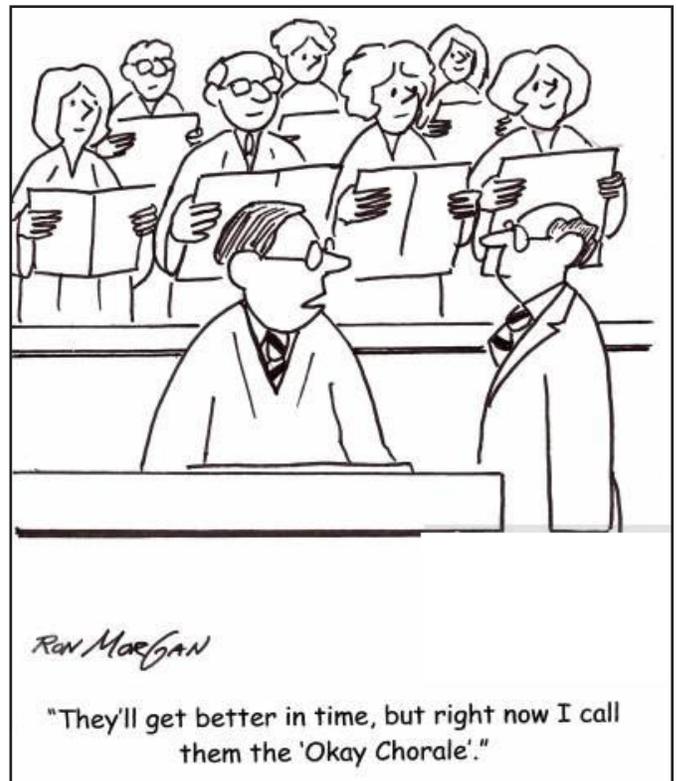
(3) Improvement of Overall Quality of Life

Older adults who sing at home or as part of a choir have experienced some of the following quality of life changes:

- Increased self-confidence
- Improved interaction with other people in social settings
- Reduced anxiety and aggression
- Fewer incidences of depression
- Fewer hospital visits
- Ability to communicate even with speech difficulties
- Improvements in the tone of their speaking voices
- Easier breathing
- Improved posture

Singing can have positive health benefits, even if you’re not a professional. Join a choir or sing with loved ones to experience the increased positive feelings, improved quality of life, and overall improved brain functionality.

<https://www.caringvillage.com/2018/01/15/benefits-singing-senior/>





THE UNIVERSITY OF BRITISH COLUMBIA

Emeritus College

UBC Emeritus College Annual General Meeting 2019

Agenda

1:30pm, Wednesday, April 17, 2019
St. John's College
2111 Lower Mall

- 1. Moment of Silence to honour those members who have died**
- 2. Approval of the Agenda**
- 3. Approval of the minutes of the April 18, 2018 AGM**
- 4. Report from the Principal (Dianne Newell)**
- 5. Election of new members of the Council**

Principal	Don Fisher
Vice Principal	Graeme Wynn
Member at Large	George Bluman (one-year term)
Member at Large	Anne Junker (one-year term)
Member at Large	John McNeill (one-year term)
Member at Large	Sandra Bressler (two-year term)
Member at Large	Linda Leonard (two-year term)
Member at Large	Herbert Rosengarten (two-year term)
Member at Large	Joost Blom (three-year term)
Member at Large	Margery Fee (three-year term)
Member at Large	Michael MacEntee (three-year term)
- 6. Other Business**
- 7. Adjournment**



Draft Minutes to be Approved at the April 2019 AGM

UBC Association of Professors Emeriti Minutes of Annual General Meeting 2018 Wednesday, April 18, 2018 1:30 pm at the Alumni Centre

The President, Steve Tredwell, opened the meeting with a welcome to the members.

1. Moment of Silence to honour members who have died – we remember them.

John Anderson, Rodney Andrew, Tibor Bezeredi, Donald Brown, Peter Byrne, Jan de Bruyn, John Conway, Melva Dwyer, Noel Hall, Victor Hopwood, Douglas James, Antal (Tony) Kozak, Robert Kubicek, Susan Mathew, Jo-Ann McEachern, Douglas McInnes, Finlay Morrison, Bill Nelems, Eldo Neufeld, Thomas Northcote, Patricia Rebbeck, Francis Reed, Barbara Saint, John Sawyer, Gordon Selman, Roy Schofer, Sheila Stanton, Irwin Stewart, Ivan Szasz, Vincent Sweeney, Mavis Teasdale, Shui Yim Tse, Roy Turner, Patricia Wadsworth, William F. Wood, William (Bill) Wray and Malcom Wong.

2. Agenda Approval

The agenda was approved.

3. Minutes of the Annual General Meeting, Wednesday, April 26, 2017

The minutes were approved.

4. Report from the President (Steve Tredwell)

“As my year as President of the UBC Association of Professors Emeriti draws to a close, I cannot help but look back over the past several years. The accomplishments of past Presidents and Executives created a foundation that we, as the Executive of the past year, were able to build upon and move even further forward. I must credit one of the most supportive and creative executives that I have worked with for a truly remarkable year.

I wrote in the September newsletter that: “a goal of the UBC Association of Professors Emeriti is to place emeritus status on a continuum of involvement with the University in contrast to the classic retirement model, which is usually some form of severance or withdrawal”. I think we have made significant strides in that direction over the past twelve months. I believe that the identity of an emerita/us has matured and emeriti as a group have become more widely accepted as valued and positive contributors to the University as a whole.

The 2017/2018 term saw the maturation of several initiatives. We were proud to collaborate with the President’s Office to support emeriti who continue their scholarly work even at significant personal expense. The Research Subsidy Award Program had its inaugural year in 2017 and sought to reimburse those emeriti who partly or wholly self-funded scholarly work in the previous year (2016/17). The Program's total budget was \$100,000. Forty-one applications for reimbursement were received. Thirty-one departments from eight separate faculties, from both the Vancouver and Okanagan campuses, were represented in the applicant pool. The average time from receiving emeritus status to application was 9.1 years, the median was 11 years (range 1-22 years). The number of requests exceeded the funds



available. This program is supported financially through the President's Office that has committed to support the program going forward.

We sought and were granted permission from the UBC Senate to establish a President's Award for Distinguished Service by Emeriti. This award is funded by the UBCAPE and will recognize emeriti who, since attaining UBC Emeritus status, have displayed exceptional leadership or initiative in volunteer community service that benefits others in Canada or abroad. The first of these awards will be presented by President Ono at the upcoming Annual General Meeting on April 18. A research prize that is in the planning stages will recognize continuing contribution and excellence of research by emeriti.

In 2016, under Richard Spencer's leadership, we negotiated a new memorandum of understanding with the Provost's office. Our goal for 2017/18 was to establish a more structured relationship with the President's Office as well. To that end we now have two annual events: a welcome reception for new emeriti hosted by the President at his home and held in the fall, and a reception for all emeriti hosted by UBCAPE, and sponsored by the Provost, in the spring that includes the President and offers the opportunity to recognize emeritus achievements, including the new President's Award for Distinguished Service by an Emeritus.

The most important project over the past year has been the proposal to establish an Emeritus College. At the April 26, 2017 AGM the Association passed a motion to approve the development of a proposal for an Emeritus College. The proposal built on a submission to the UBC strategic planning exercise in March of 2017. Over the summer and into the fall a committee of the Executive worked on the composition of the proposal, early drafts were circulated to the Executive as a whole, and the suggestions from these reviews were blended into a final document that went to the Provost's office in late November of 2017 (see <https://www.emeriti.ubc.ca> under publications). We have the support of the Provost and the President; the document has been presented to the Committee of Deans and was positively received there as well. We anticipate that the proposal will be presented to the Senate by the Provost in the late spring.

This project has demanded the time and energy of the Executive as a whole but, I would be remiss, if I did not acknowledge the major efforts of Richard Spencer, Dianne Newell and Carolyn Gilbert, plus the mentoring advice of Richard Tees and John Gilbert. This project now moves forward into the 2018/19 year, with more work to come. Your input is both welcomed and valued.

Going forward, our goal is to maintain the foundation and structure of the Association that has proven so successful and to add to that structure, taking care not to remove from it. Our various lecture programs and interest groups have had a most successful year with similar quality planned for the year to come. The contributions of the Newsletter, the Programs Committee, the Benefits Committee, the Committee on Continuing Scholarly Activity, and the Membership Committee are foundational to the Association and make us what we are. Finally, we would be lost without the organizational and management skills of our office administrator, Sandra van Ark.

It has been an honour and a privilege to serve over the past year, I look forward with great optimism to the future. My support and my best wishes go to my successor, Professor Emerita Dianne Newell.

Sincerely,
Stephen Tredwell"

5. Treasurer's Report (Richard Spencer)

The motion to approve the budget for 2017-2018 was passed.



6. Election of new members of the Executive (Steve Tredwell)

Thanks were given to Bill McCutcheon (Member-at-Large) whose term ended.

The following were nominated by the Nominations Committee (Richard Spencer (chair); Olav Slaymaker, Paul Marantz and Carolyn Gilbert):

Past President	Steve Tredwell
President	Dianne Newell
Vice President	Donald Fisher
Treasurer	Michael Davies
Secretary	Don Blake
Members-at-Large	George Bluman
	Elaine Carty
	Nichola Hall
	Linda Leonard
	John McNeill
	Herbert Rosengarten
	Kjell Rubenson
	Graeme Wynn

A motion was approved declaring the above-mentioned individuals to be elected by acclamation.

7. Other Business

Richard Spencer thanked Steve Tredwell for a remarkable successful year and his effectiveness as President of the Association.

8. Adjournment

The meeting was adjourned at 2.04 pm.