

UBC Emeritus College Newsletter

GENERAL MEETING

Wednesday November 17, 2021, 11:45–1:15 pm (Note new time)

Jane Coop and David Gillham will play an all-Beethoven program of works for piano and violin

Where: Barnett Hall: 125 tickets are available
Go to https://emerituscollege.ubc.ca/general-meeting-november-17-2021
COVID restrictions in place – Masks and proof of vaccination are required.



Pianist Jane Coop is one of Canada's most prominent and distinguished artists. At age 19 she launched her career with first prizes in two major competitions. Her principal teachers were Anton Kuerti and Leon Fleisher.

She has played in over 20 countries, in many eminent halls. She is a cherished faculty artist at the *Kneisel Hall Chamber Music Festival* (Maine) where for a quarter of a century she has collaborated with members of the Juilliard Quartet, among other noted string players. Her 16 CD recordings have garnered glowing reviews. In 2012, Jane was appointed to both the Order of British Columbia and the Order of Canada for her lifetime achievement. She is a member of the UBC Emeritus College.



Violinist **David Gillham** came to UBC in 2011. He has an extensive solo and chamber music career, performing throughout Asia, Europe, the Americas and South Africa. He is a globally respected teacher, whose students are following musical careers around the world. He

serves on competition juries internationally, and as a keen interpreter of chamber music, he is a member of the Vetta chamber players, the Archytas Ensemble and the Ridge Piano Trio. He has performed the violin and piano duo repertoire with pianist Chiharu linuma for 20 years. In 2002, he was awarded the Queen Elizabeth Golden Jubilee Medal. He plays on a violin made by Carlo Tononi, Venice, Italy, 1725. He is an Assoc. Professor in Performance in UBC's School of Music.



Contributions to the Newsletter

Please send the editor information about your recent activities and community engagements. Suggestions for stories are welcome. Space permitting, we will list publications in the newsletter in the citation format of your choice. For awards, a description of the award, award citation, or link to the announcement is helpful. We may edit submissions for brevity or clarity. Photographs suitable for publication are always welcome.

Thanks to Don Blake for designing the front page and much more, and Carolyn Gilbert and others for their advice and keen eyes for typos, errors and font size changes. All remaining errors and bizarre layout features are the editor's responsibility.

The Emeritus College (formerly UBCAPE) could not function without the contribution of many past Presidents/Principals and Members-at-Large who continue to provide their services.

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From the Principal



Although the College's activities take place year-round, they are still marked by the rhythm of the September-to-April academic year. As I write this, we are seven weeks into our "high season." It began with President Santa Ono's virtual reception for new emeriti. I want to thank him and the Ceremonies Office for hosting and organizing the event, which featured five of our new emeritus colleagues giving short but outstandingly interesting presentations on what they planned for their retirement and how they envisaged the College's role in it. Sixty-nine new emeriti have joined us since last year. We all hope fervently that the September 2022 event can be in-person once again.

A special event was held on the International Day of Older Persons, October 1. This one was made possible by holding it online. The UBC Emeritus College and the European Association of Professors Emeriti, based in Athens, held a virtual symposium on Healthy Ageing. Sir Les Ebdon (from the UK) and Jochen Ehrich (from Hannover, Germany) were the panelists on the European side, and our colleagues Judith Hall and John Helliwell were the speakers from the Emeritus College. The College hosted the event. Warmest thanks to everyone who made this event happen, notably College members Dianne Newell, who was the principal organizer on the College side; Anne Junker, who was a moderator; and Sandra van Ark, the College Administrative Manager, who handled logistics.

Space doesn't allow me to go into detail on the events held so far in our various series — General Meetings, the Senior Scholars series, or the Green College Series on Intergenerational Trauma. One event has so far been held in each series, and others will take place in the coming months; please check the events page on our website and the Alert emails from our office. It may also be worth reminding you that recordings of past events (plus the Healthy Ageing symposium and other special events) can also be found on the College website at https://emerituscollege.ubc.ca/events/videos.

Lastly, I appeal for your help. We're putting together a Communications Group to advise the College Council on all aspects of the College's communications with its members and with the public. Three hypothetical people who would be ideal to recruit for this group would be (1) a College member who has experience in organizational communications strategy; (2) a College member who can specifically advise the College Council and staff on the logic, clarity and style of the College website; and (3) a College member with an interest in advising on setting up reports with tracking data on the College's many activities, for the purpose of assessing their scope, success, and the resources that they draw on. I have no idea if such people are actually out there, but if any of these sounds anything like you or somebody you know, please get in touch with me!

With all good wishes,

Joost Blom, Professor Emeritus, Law



Coming Events

Senior Scholars' Series: The Passions that Drive Academic Life

(Tuesdays, 3:30–5:00 pm)—Organized by Graeme Wynn; moderated by Rhodri Windsor-Liscombe

Tuesday November 9, 2021, at 3:30 pm

Pitman Potter, FRSC, Professor Emeritus of Law—"Reflections from a China Scholar"

Green College Series on Intergenerational Trauma

(Tuesdays, 5:00-6:30 pm)—Organized by Marv Westwood, Richard Vedan, and Judith Hall

Tuesday, November 23, 2021, at 5:00 pm

Richard Vedan, Professor Emeritus of Social Work—"The Challenges of Getting to OK in the Telling of Forbidden Stories: Intergenerational, Multiracial, Complex Trauma"

Occasional Lectures by Emeriti Wednesday, December 1, 2021, at 4:00 pm Covid Walks in the Neighbourhood: A Photographic Journey

"With the restrictions imposed by Covid, walking in the neighbourhood was one of the pleasures that all of us could enjoy. During walks, I became more aware than ever of the beauty of nature and perceived details that normally I might have ignored. I observed more closely changes in the environment around me with the seasons, the weather and the light. As we started a second year of Covid, I became more intrigued with patterns, shadows and

reflections, especially on the pavement that I had been traversing repeatedly. This further stimulated my curiosity, imagination and ultimately my photographic creativity.

My hope is that this photographic presentation will not only be enjoyable but will enhance the appreciation of the richness and variety that abound in our neighbourhoods, if we take the time to look more closely."



Paul Steinbok, Prof. Emeritus, Surgery

For latest details and to register for any College-organized events, please go to the UBC Emeritus website.

Awards

The Emeritus College adjudicates two awards with a nomination deadline of February 15, 2022. A date for the award ceremony will announced later. See the website for more.

<u>UBC Emeritus College Award for Excellence in Innovative and Creative Endeavours</u> for UBC emeriti who have demonstrated excellence in their engagement in innovative research, artistic creation, or new applications of previous research since attaining Emeritus status.

<u>President's Award for Distinguished Service by UBC Emeriti</u> for UBC Emeriti who have, since attaining UBC Emeritus status, displayed exceptional leadership in volunteer community services.

Inaugural Winner of the UBC Emeritus College Award for Excellence in Innovative and Creative Endeavours

2021 James (Jim) Zidek, Professor Emeritus of Statistics (2005)

Dr Zidek was selected for his pioneering work and profound impact by applying statistical methodology to bring data-driven solutions in areas such as air pollution, health risk assessment and the optimal management and preservation of national resources.

Past Winners of the President's Award for Distinguished Service

2021 Graham Kelsey, Professor Emeritus of Educational Studies (1998)

Dr. Kelsey was selected for his lasting contributions to the Central Cariboo Arts and Culture Society (CCAS), as well as to to the small communities surrounding Williams Lake and the Cariboo-Chilcotin Beetle Action Coalition's Arts and Culture Advisory Committee.

2020 Peter Wing, Clinical Professor Emeritus of Orthopedics (2012)

Dr. Wing was selected for his lasting contributions to the Department of Orthopaedics and to organizations such as the Rick Hansen Institute, the International Spinal Cord Society, and especially to the Spinal Injuries Rehabilitation Centre (SIRC) in Nepal.

2019 Marguerite Chiarenza. Professor Emerita of French, Hispanic and Italian Studies (2000)

Dr. Chiarenza has worked tirelessly for the enhancement of the education of African girls.

2018 Stanley Hamilton, Professor Emeritus of Commerce and Business Administration (2004)

Dr. Stanley Hamilton's contributions go well beyond the academic world and have left an indelible mark on the arts, urban planning, industry governance and property tax reform.

From the College

Not So Retiring: 2021 Member Survey

"I do not relate to the term 'retirement'. I resonate more to 're-inventing', 're-tooling', 're-firing'." (2021 Survey respondent)

In Spring 2021 the College conducted a survey of its members to garner qualitative feedback on its programs and activities, and to explore how people adapt to a new phase in life. There were 456 respondents who were representative of the 1227 survey recipients in terms of gender, age, and length of retirement. Many people took the time to provide comments which will be helpful in shaping College initiatives.

For a summary of the 2021 survey and some trenchant commentary, <u>click here.</u> (You can read it on the web or download a pdf.)



Hamamelis, credit Helen Spencer





Once again, UBC is raising funds for the United Way. There are many ways to get involved! And of course, your donations are most gratefully received.

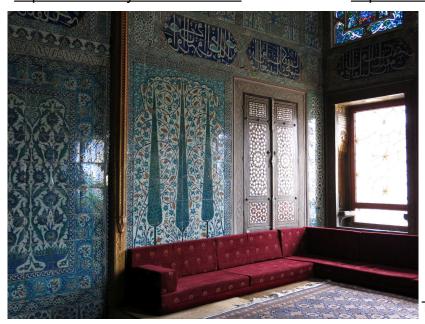
https://unitedway.ubc.ca/

The 2021 UBC United Way Campaign is now underway! Now entering its 45th year, the UBC United Way Campaign has a rich history on our campus and has been recognized as a top contributor by United Way. UBC emeriti play an important role as donors and ambassadors to the annual campaign. In 2020 UBC emeriti gave over \$39K in support of United Way. In October, Emeritus College Principal, Joost Blom, participated in a panel discussion on the theme of "paying it forward, together" to help launch the annual campaign. Thank you for your generous past support!

More than ever before, communities in British Columbia need help addressing critical social issues. Our friends, family, and neighbours who were struggling before the pandemic continue to be hardest hit by this crisis. But we have the opportunity to help: the UBC United Way Campaign plays an instrumental role in ensuring that kids have access to after-school programs, seniors are connected with their loved ones, and families have food on the table.

Please consider making a gift to the United Way today to support individuals and families in our community.

Donate Today - https://unitedway.ubc.ca/emeriti/. Learn More - <a href="https:



Topkapi, credit Helen Spencer



About Special Interest Groups

Emeritus College Interest Groups

Interest groups allow members to meet and pursue common interests in an informal group setting, and play an important role in helping the Emeritus College achieve the aims outlined by former Principal Donald Fisher in "Aims of the establishment of an Emeritus College at UBC." These aims include:

- creating a community of scholarship and camaraderie
- creating a welcoming social and intellectual environment
- promoting social and intellectual interaction and collaboration
- *promoting programs that promote the well-being of all

Groups operate independently, in accordance with <u>guidelines approved by Council</u>. Membership in groups is open to all members of the College and their partners, subject to reasonable constraints on the size of the group, based on its typical activities. All groups operate in an open and transparent manner. Meeting notices are included in the College schedule, email alerts, and the Newsletter.

Leading an interest group Interest groups depend on the enthusiasm of their members, and in particular on having one or two members who are prepared to act as convenors for the group. While the College can help schedule meetings, the group convenor has the primary responsibility for running the group, arranging meetings and keeping members informed of group activities. Section 5 of the Guidelines outlines what group convenors are expected to do.

Current groups The current interest groups and convenors are: Easy Riders (Cycling) - Graeme Wynn, Film – John Leblanc, Photo – Richard Spencer, Poetic Odysseys (Poetry) – Philip Resnick, Groves of Academe (Reading) – Graeme Wynn, and Travel - Paul Steinbok You can contact the convenors for more information, and you can search Upcoming Events on Emeritus College web site to find the dates of future meetings.

New groups The 2021 Emeritus College Member Survey asked people to indicate their interest in some possible new interest groups, and to suggest other groups that were not listed. Responses showed a high level of interest in a number of groups. Two of the listed groups (Easy Riders and Groves of Academe) are already functioning. Nancy Gallini is organizing a third (Volunteerism). Groups in which interest was expressed, but which have not yet been started, included Hiking, Walking, Dining, Wine Tasting, Grand-parenting, Music Appreciation, New Retirees, Financial Planning, and Cooking.

Start a new group If you are interested in starting a new group, whether it is listed above or not, please <u>send me a proposal</u> in the form of a short article which can be submitted for publication in the Newsletter. The proposal should include the group's name, objectives and planned activities. I will work with you to schedule a first meeting to gauge interest in the group. If, following this meeting, there is sufficient interest, and someone has volunteered to act as a convenor for the group, the College office will provide space for the group on the College website, and access to a mailing list, which the group can maintain and use to contact members. If you have questions about this process, I would be happy to answer them.

Richard Spencer, Activities Cluster Co-ordinator

Times and dates for upcoming meetings will be listed on the Emeritus College website.

TRAVEL GROUP—Thursdays, 3:00pm

To join, please contact Paul Steinbok at psteinbok@cw.bc.ca...A Zoom link will be sent out two days before each meeting.

Thursday November 25, 2021, at 3pm

Enjoying Nature and Scenery Travelling in an RV

Presented by Beverley Green (Professor Emerita Botany)

Beverley Green will talk about the advantages (and a few disadvantages) of camping in a recreational vehicle (RV), with some photos and stories from past trips to California, New Mexico, Alaska and the Okanagan. This mode of travel offers many seniors the chance to enjoy nature up close while having a few essential comforts and more flexibility than staying in a fixed accommodation.



POETIC ODYSSEYS

Tuesday November 16, 2021, at 2:00 pm

All who are interested in writing, reading or listening to poetry are welcome. Contact meeting organizer for Zoom link; Philip Resnick (Professor Emeritus, Political Science - philip.resnick@ubc.ca) and George McWhirter (Professor Emeritus, Creative Writing).

FILM GROUP

Series 13: Systemic Racism Zoom discussions hosted by John LeBlanc <u>john.leblanc@ubc.ca</u>: Thursdays, 4:00 pm: November 25.

As a result of the US Civil Rights Movement of the 60s, the reality of racism in North America could no longer be ignored, but early attempts to come to terms with racism, such as in the 60s and 70s Sidney Poitier films, narrowly defined it as the product of deranged individuals. The recent Black Lives Matter protests, locating racism within society's structures and institutions, such as the police, have forced us to confront the racism in the very nature of our cultures and national identity. These films examine how the very founding of our nations and their ongoing development is grounded in racism, requiring a major self-confrontation and transformation in order to move beyond the paralysis that racism fosters. *I Am Not Your Negro* has the victims of racism explain its nature. *Double Happiness* (Asian Canadian) and *Beans* (Indigenous Canadian) provide a Canadian context for the damaging impact of racism.

Nov 25 – Beans (2021) – Dir.Tracey Deer fictionalizes the director's personal experience as a 12-year-old during the 1990 Kanehsatake / Kahnawake crisis, a defining moment in Canada's relationship with its Indigenous peoples. This crisis, developing out of the ongoing appropriation of Indigenous land in the Montreal / St Lawrence River region and resulting blockade revealed the racist nature at the heart of the Canadian settler project and its governing institutions. Deer's return to this pivotal moment assists us in dealing with Canada's past and moving forward into a more inclusive Canadian future. A streaming address will be provided closer to the meeting via John Leblanc.



Syrian refugees at Aswan, credit Helen Spencer

PHOTOGRAPHY GROUP

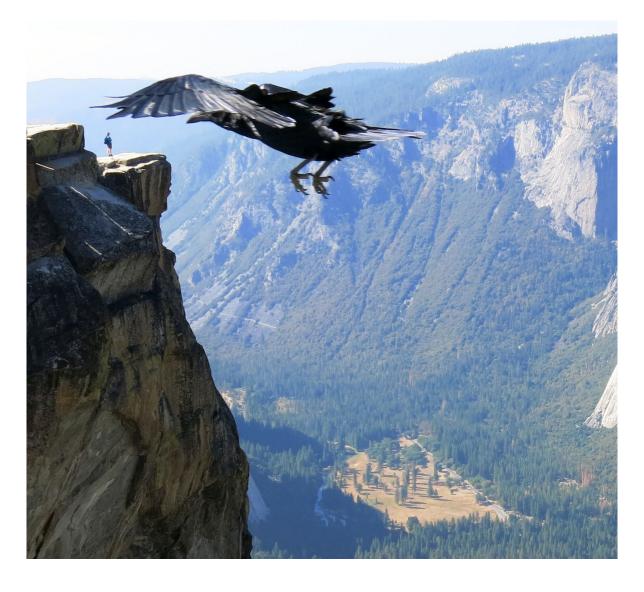
Friday, December 3rd at 3pm

The theme is Serenity and/or Frenzy

If you are currently not on the email list of the EC Photo Interest Group and wish to receive our mailings, please contact Richard Spencer at richard@rhspencer.ca

A zoom link will be sent out 2 days before each meeting.

For future meetings, check the Events Calendar at https://emerituscollege.ubc.ca/upcoming-events



Photobombing Raven at Yosemite; credit Helen Spencer

Easy Riders: The Wheel Deal

Finally escaping the confines of the COVID pandemic, a congenial group of emeriti (and some partners) joined the Emeritus College's new Special Interest Group, *The Easy Riders*, this summer. Our first outing, a get to-know-you event that set out from the Hasting Mill Store and circumnavigated False Creek included a stop at Mario's Gelato for a mid-ride refreshment and further conversation. There was clearly a deal of enthusiasm for the SIG, but participants displayed varying levels of fitness and purpose. To accommodate those who wished for longer, more demanding rides, the Easy Riders spawned a spin-off, appropriately called the Not-So-Easy-Riders Club (or NSERC -- granting opportunities for those in search of serious exertion). The NSERC group is self-identifying and self-organizing; we share a list of those interested in longer, faster rides and leave it to them to set up partnered or small group rides). The Easy Riders committed to riding together about once a month. We relish the exercise and the camaraderie, and make these the main goals of our outings, but our aim is enjoyment rather than intense fitness training.

To date we have had five enjoyable "circular" rides. After the False Creek circuit we ventured from West Memorial Park through Pacific Spirit Park, South Campus and parts of the UBC campus, with several stops en route for conversation and informative discussion of the changing landscape and some of its most symbolic features (such as the Reconciliation Pole on Main Mall). Our third outing took us from the Arbutus Greenway through East Vancouver to Trout Lake and back. Then we met at the Richmond Olympic Oval to ride the Middle Arm, West and South Dyke Recreational Trails, returning to ROC via #4 Road and the Richmond Greenway. Our fifth outing, departing from Science World to circuit Stanley Park (by seawall or roadway) was postponed by inclement weather. Although the rescheduled ride took place in cool and windy conditions, no one was hindered by coyotes.



Belted Galloways on the West Dyke Trail – image courtesy of Peter Cooperberg

To date some forty people have expressed interest in being included on the Easy Riders mailing list, although turn-out for rides (which have been scheduled on different days and morning or afternoon) has varied between 10 and 15 or so—which is a good number for easy, found conversations. Most outings are in the 20–30 km range and speed is not of the essence. E—bikes are welcome. Thanks to one of our number, cookies sometimes appear, and we go our separate ways after each ride imbued with a warm glow from participation in a shared enterprise. Riders come from many different departments and corners of the University, and all are welcome.

We may have one more ride this fall, but will then take a break for the winter, with the intention of resuming in the spring of 2022. Please watch this Newsletter, the College website and e-bulletins from the Emeritus College office for information about future rides—and DO feel encouraged to join us. Easy Riders are easy-going folks and this SIG is a great way to meet members of the Emeritus College. Come on out. We are a homespun crowd, not the legendary MAMILs (Middle-Aged Men In Lycra) associated with hard-core cycling groups. As I was writing this piece, I spotted a little essay in *The Guardian* newspaper that seemed to capture something of what we are about: https://www.theguardian.com/lifeandstyle/2021/sep/04/fit-in-my-40s-group-bike-ride-that-lets-me-catch-up

Graeme Wynn



Easy Riders in West Memorial Park, image courtesy of Ken Brown



The Emeritus Volunteer Group

First Meeting: Wednesday, Nov. 10, 4-5pm Nancy Gallini

This is a new Special Interest Group (SIG) for both the recently retired and those who have enjoyed the good life for decades. The focus of the group is on volunteer activities, ones for which you can devote your time and talents toward projects that will greatly benefit others. But how does one go about choosing among the possible volunteer roles you would like to take on? Would you like to give your time to educational activities such as tutoring in the DTES or mentoring UBC students, join boards of non-profit organizations, work on projects promoting women's rights or improving access to clean water and health in developing countries? The opportunities are limitless, diverse and in need of volunteers. How can you find out what opportunities are available locally, nationally, and internationally? How can you determine which volunteer activity is a good match for you, given your talents and an organization's needs, where your value-added will be the greatest? The objective of this SIG is to generate interest, learn and share information on volunteer possibilities and give interested participants ideas and directions on where and how they might best use their talents to contribute to the greater good.

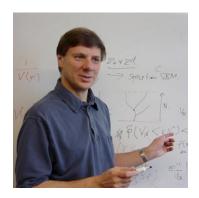
While the Group will be officially launched in January (hopefully in person), I think it would be useful to get together in November for a preliminary discussion by Zoom. The date and time for the November gathering will be: Wednesday, Nov. 10, 4–5pm. At that meeting, I will briefly share my motivation and ideas for this SIG, and hear from you about your experiences, interests and what you hope to learn from this Group. If there is time, we will try to reach some consensus on our goals and ambitions for this Group, and how to go about achieving them. For example, we may wish to have information sessions with speakers from different organizations, hear from remarkable individuals who have devoted their lives to worthy causes, create a website that matches individual interests with organizational needs, and more. The format, activities, and goals are wide open but are grounded in the fundamental principle that we all have the capacity to contribute in meaningful ways to improve the lives of so many in these challenging times.

For the January launch (date, time and location TBA), I am delighted that Dr. Martha Piper, former UBC President and member of the Emeritus College, has agreed to join us. Martha has been extraordinarily active in the volunteer circuit since her presidency, having served on numerous non-profit, corporate and educational Boards. She co-founded the Vancouver Council for CARE Canada that promotes women's voices and leadership, especially in developing countries. She has served on the boards of the Dalai Lama Centre for Peace and Education, Stem Cell Research Foundation, Crofton House School and the Canadian Institute for Advanced Research, to name a few. In each case, she selected her volunteer activities based on her personal interests and how closely they aligned with the objectives of the respective organizations. I hope this idea is interesting to many of you and look forward to seeing you Nov. 10, 4–5pm.

If you plan to attend, please let me know at Nancy.Gallini@ubc.ca.



Honours and Achievements



This year, **Martin Barlow** (Mathematics) was the Wald Lecturer at the 10th Bernouilli-IMS World Congress in Probability and Statistics. This congress usually takes place every 4 years. It was due to take place in Seoul in August 2020, but was postponed a year and held online in July 2021. The Wald lectures are a set of three or four lectures; his topic was "Random walks on graphs with fractal structure."

At the Convocation on September 11, the Chancellor of St. Mark's College awarded **Paul Burns** (Religious Studies) the Doctor of Sacred Letters *honoris causa*. Paul served the St. Mark's community for more than 45 years as an instructor, scholar, leader and administrator, including as President of Corpus Christi College, before retiring in 2019. At UBC he played strong roles as teacher and administrator in Religious Studies; Religion, Literature and the Arts, and Arts One. The citation noted his commitment to students, to the lifelong pursuit of learning, and to growing a liberal arts curriculum.





Anthony W. Chow (Medicine) was inducted into the Vancouver Hospital Hall of Honour in October. The honour recognizes and honours those whose exceptional leadership, clinical, and academic service have profoundly benefited the residents of British Columbia, and in so doing, have brought great distinction to VCH and its institutions.

Honours and Achievements, cont'd.



In September, 2021, **John Gilbert** (Audiology and Speech Sciences) was appointed as Public Representative to the Board of Directors of Nurses and Nurse Practitioners of British Columbia.



In spring, 2021, **Dan Simunic** (Commerce and Business
Administration) was inducted into the
Canadian Accounting
Hall of Fame for
"outstanding contributions to accounting in Canada and internationally."

Rhea Tregebov (Creative Writing) became the Chair of the Writers' Union of Canada in May 2021. The Writers' Union of Canada (TWUC) is the national organization of professionally published writers. TWUC was founded in 1973 to work with governments, publishers, booksellers, and readers to improve the conditions of Canadian writers. Now over 2,300 members strong, TWUC advocates on behalf of writers' collective interests, and delivers value to members through advocacy, community, and information.





R. Douglas Wilson (Obstetrics and Gynecology) is President Elect 2022–2023 for the Society of Obstetricians and Gynecologists of Canada. His Presidential Clinical and Advocacy Topic will be directed toward advocacy for Rural Obstetrical activities and patient access in addition to highlighting the need for medical health care reform via a 'real National Health Care Service' not the present 14 provincial systems that are showing their inability to function under the COVID stress as highlighted by the overview published in August 2021, Mirror, Mirror: 2021 Reflecting Poorly; Improving Health Care Quality (The Commonwealth Fund) Abstract: Canada and the USA rank 10th and 11th respectively.

Emeritus News: International Involvement

You may remember that **UBC Emeriti Peter Wing** (Orthopedics) **and Claire Weeks** (Rehabilitation Sciences) contributed an article on their work in Nepal ("Ten Years of SpiNepal: From Teachers to Mentors to Senior Peers") to the January 2020 newsletter. In it they discussed how they mentored Dr. Raju Dhakal, who is now a respected and established spinal rehab practitioner in Nepal. That same year, they won the President's Award for Distinguished Service https://emerituscollege.ubc.ca/awards-and-support for UBC Emeriti who have, since attaining UBC Emeritus status, displayed exceptional leadership in volunteer community services.

Click on the link below for a more recent story on their work.

Dr. Raju Dhakal: Scoring 'firsts' for Nepal spinal cord injury rehab with helping hands along the way

https://global.ubc.ca/news-events/stories/oct-19-2021-when-one-connection-makes-all-difference

For more information and to support the Spinal Cord Injury Collaboration, click here.



Dr. Dhakal enjoying the view on this side of the world.

Many UBC emeriti are involved in global activities

If you are one of those emeriti, please send your story to Margery Fee, Editor, at margery.fee@ubc.ca.

"Healthy Aging" was the subject of a global panel on October 1, co-sponsored by the UBC Emeritus College and the <u>European Association of Professors Emeriti (EAPE)</u>. UBC Emeriti Judith Hall (Pediatrics) and John Helliwell (Economics) were panelists. For more, <u>click here.</u>

A Letter to the Principal from New Zealand — On the Healthy Aging Webinar, Bees, and "Carbon Farming"

Contributed by John McLean via Joost Blom

Great session this morning, well worth the effort of getting up at 5 am (New Zealand Daylight Saving Time) to listen in to the Healthy Aging webinar. I remember fondly the days when our paths crossed when you were Dean of Law and I was acting Dean of Forestry (circa 1998). I am now domiciled in Gisborne, New Zealand, and we do indeed have a U3A [University of the Third Age] chapter here that meets monthly.

My entomology background led me to working with beekeepers when we migrated back here in 2009 to evaluate some SFU-developed Canadian bee pheromone products. That in turn led to activity with the Science and Research Focus group of Apiculture New Zealand. It has been fun. Today was World Day of Aging Persons. While I qualify to be in that bracket, there is some interesting reflection in that September was Bee Aware Month in New Zealand and last Thursday I was a member of a 3-person team that spent a wonderful morning at a country school in Tiniroto with a class of 12 primary school children (ages 7 through 12) to share with them the life and times of the honey bee. It is a great challenge to bring such a topic to youngsters. As Judith put it this morning: "an elder's experience of life to share".

There is also a whole other chapter associated with forestry itself. I invested in a forestry partnership here in New Zealand while I was in Canada. We have just finished harvesting it and it was such an enriching experience to share my Canadian experiences in this project. As Les Ebdon said this morning it is "a time rich environment on retirement." Some of my time is spent in secretarial duties with the local branch of the NZ Farm Forestry Association. This keeps us in touch with all the current developments of forestry and farming with the latest developments on "carbon farming." Our *Pinus radiata* forests mature in 30 years and lock up a lot of carbon doing it—that's a whole other story.

If we can keep good health and stay intellectually active, life is fun. We are looking forward to the easing of Covid-19 constraints so we can move around the country more easily. Shona and I would like to visit Vancouver one more time but it will be a while before Air New Zealand restores its Auckland to Vancouver direct flight. In the meantime the technology of webinars as well as the written world will keep us in touch. My thanks to the UBC team who put this healthy Aging webinar together. on the World Day of Aging Persons

John A. McLean, Professor Emeritus, UBC Forest Sciences



International Day of Older Persons 2021 The Canadian – European Emeriti Event October 1, 2021

Report by Anne Junker

The European Association of Professors Emeriti (EAPE) co-sponsored with the University of British Columbia (Canada) a webinar about insights into healthy aging. The four distinguished panelists included EAPE President-elect and Emeritus Professor Sir Les Ebdon CBE, DL, DSc, DUniv, CChem and FRSC; pediatrician Emeritus Professor Jochen Ehrich, MD, DCMT; Canadian Medical Hall of Famer and UBC Emeritus Professor Dr. Judith Hall, OC, MD, DSC, FRSC and FCAHS; and UBC Emeritus Professor of Economics Dr. John Helliwell, OC, FRSC, and co-editor of the World Happiness Reports. The panel discussion was moderated by Professor Luigi Campanella, a prominent chemist from Sapienza University of Rome and Dr. Anne Junker, Associate Professor Emeritus (Pediatrics) and Vice-president of the UBC Emeritus College. A welcoming address was made by Dr. Santa Ono, President of the University of British Columbia.

The panelists aired interrelated perspectives on "Healthy Aging" where there was more of an emphasis on the importance of being connected and involved than on being fit and free of disease or disability. A strong theme was the importance of regarding aging as a life continuum and the value in combining older and younger people so that they can learn from each other. Sir Les Ebdon (England) spoke to the benefits of lifelong learning (and teaching) on brain health where memory and reasoning are enhanced through stimulation of neuronal activity. Retirement provides the time to explore new learning opportunities which help people stay connected, be fulfilled, and maintain mental well-being. Professor Jochen Ehrich (Germany) emphasized that preparation for healthy aging is a life-long project that starts in early childhood. His personal belief is that the opposite of "old" is not "young" but "new," and if one is open to experiencing "new" they can successfully manage all stages of life. Grandparents can play a key role in preparing children for healthy aging; children who hold negative views of old people visualize poorer outcomes for themselves in old age. We need to move from the current highly compartmentalized, treatment-oriented medical approach to aging. Healthy aging requires a holistic, transdisciplinary, complex systems approach with emphasis on societal supports of health throughout the lifespan, rather than a siloed focus on treatment or prevention of disease when people are old. Dr. Judith Hall (Canada) stressed the value of emeriti who signify an enormous human capital that should not be wasted. We should learn from Indigenous societies where elders, knowledge keepers, and cultural advisors play a central role in increasing awareness, teaching and advising around Indigenous knowledge, histories, languages, and ways of knowing. She highlighted the many opportunities available to emeriti who can choose to continue to be involved in scholarly activities, apply their career experiences to new venues, or expand commitments to family and community, all of which enhance their lives. Associations for emeriti often start by offering social connections but can expand to provide lecture series, support for continuing scholarly activities, and opportunities for emeriti to interact with undergraduate

trainees and graduate students. Dr. John Helliwell (Canada) stressed the importance of subjective well-being of people throughout life to the health of nations which has been the basis of the World Happiness reports which he co-edits. A key feature of happier and thus healthier lives involves interactions between people and a sense of community belonging which has an increasingly positive impact as we get older. A lively discussion between the panelists and responses to audience questions followed the formal presentations. Dr. Hall extended Professor Ehrich's argument that child-oriented strategies need to be developed to support healthy aging, by pointing out the multi-generational impacts on health such that stress incurred by a pregnant women can affect the health of the offspring of her foetus. This led to a discussion on resilience in the context of healthy aging where it was agreed that resilience is important at a collective community level, in essence, the extent to which people feel supported, can trust others, and are able to help one another.

The full session can be viewed at https://www.youtube.com/watch?v=zTs fLheftw



After the wedding, credit Helen Spencer

In Memoriam

Fred Brauer

Professor Emeritus of Mathematics University of Wisconsin, Madison Honorary Professor of Mathematics Elected member of the UBC Emeritus College

James (Jim) Edward Carter

Professor Emeritus of Pediatrics 1938 – 2021 University Service 1976 – 2003

Madeline Huang Chung

Clinical Professor Emeritus of Obstetrics and Gynecology 1925 – 2021 University Service 1956 – 1990

Stuart Hamilton Fine

Professor Emeritus of Psychiatry 1937 – 2020 University Service 1971 – 2002

Jochen Meyer

Professor Emeritus of Physics and Astronomy 1938 – 2021 University Service 1968 – 2003

French Tickner

Professor Emeritus of Music 1930 – 2021 University Service 1964 – 1996

Antonio Urrello

Professor Emeritus of French 1936 – 2021 University Service 1979 – 2004

Athanasios Panayotis Zis

Professor Emeritus of Psychiatry 1945 – 2021 University Service 1985 – 2012



Nandina, credit Helen Spencer

If you have news of a colleague's passing, please let us know, by email to office@emerituscollege.ubc.ca.



Publications by Emeriti

Chiu-Duke, Josephine and Michael S. Duke, translators. From Rural China to the Ivy League: Reminiscences of Transformations in Modern Chinese History by Yü Ying-shih (Cambria, 2021).

Eswaran, M., "Ethnic Identity in American History and America's Exceptional Religiosity: Theory and Some Evidence," *Journal of Economics, Management and Religion*, 2: 1, July 2021.

Khalili H, Breitbach A, Jensen G, King S, Maxwell B, Nickol D, Pfeifle A, **Gilbert J**, Global leadership in IPECP research; an intro to co-creation of best practice guidelines, Journal of Interprofessional Education & Practice. doi: https://doi.org/10.1016/j.xjep.2021.100445.

Hossein Khalili, Dean Lising, Giray Kolcu, Jill Thistlethwaite, **John Gilbert,** Sylvia Langlois, Barbara Maxwell, Mukadder İnci Başer Kolcu, Kathleen M. MacMillan, Carl Schneider, José Rodrigues Freire Filho, Ghaidaa Najjar, Zaid Al-Hamdan & Andrea Pfeifle. Advancing health care resilience through a systems-based collaborative approach: Lessons learned from COVID-19. Journal of Interprofessional Care. https://doi.org/10.1080/13561820.2021.1981265

Harding, Phillip, translated with introduction and notes. Diodoros of Sicily's *Library of History (Bibliotheke Historike)*. Cambridge University Press, 2021. Vol. 1.

Strasser RP, **Herbert CP**, Ventres WB. <u>Learning in Urban and Rural Communities</u> in <u>A Practical Guide for Medical Teachers</u>, (ed) John Dent, Ronald Harden, Dan Hunt, Elsevier Press, 2021; 480 pp. Chapter 12, pp. 91-98. ISBN 978-07020-8170-5

Herbert CP, Busing N, Nasmith L. Collaborative governance of postgraduate medical education: Can it be achieved? *Medical Teacher* July 2021, ahead of print https://www.tandfonline.com/eprint/5SZQGGCNJMMBBXB48TNV/full?target=10.1080/0142159X.2021.1951691

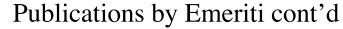
Loay Jabre, Andrew E. Allen, J. Scott P. McCain, John P. McCrow, Nancy Tenenbaum, Jenna L. Spackeen, Rachel E. Sipler, **Beverley R. Green,** Deborah A. Bronk, David A. Hutchins, Erin M. Bertrand. "Molecular underpinnings and biogeochemical consequences of enhanced diatom growth in a warming Southern Ocean". Proc. Natl. Acad. Sci. USA <u>118</u> (30) e2107238118 (2021). https://doi.org/10.1073/pnas.2107238118

Ziemba, William T. "The Five Investor Camps that Try to Beat the Stock Market." *Borsa Istanbul Review* 20.4 (2020).

Maclean, Leonard C. and William Ziemba. Sports Analytics. World Scientific, 2021.

Ziemba, William T. 'Who are the most important players in team sports' and 'Holiday Effects in the US Equity Futures Markets' are included in the next issue of The Journal of Prediction Markets.







William H. New (English) has published a new collection of poems, *In the Plague Year,* with Rock's Mills Press, 2021.

William Rees (SCARP) has several new publications on why climate change and alternative green energy are distractions from the real problem:

- 1) Stopping climate change and other illusions: https://www.buildingsandcities.org/insights/ commentaries/cop26-illusions.html
- 2) Growth through Contraction: http://www.paecon.net/PAEReview/issue96/Rees96.pdf
- 3) Through the Eye of a Needle -- an eco-heterodox perspective on the renewable energy transition: https://www.mdpi.com/1996-1073/14/15/4508/htm

Paul Stanwood (English) has published a new book, a 'retrospective,' which collects fourteen of his previously published essays from 1998 to 2017: *The Metaphorical Metaphysic of John Donne: An Interpretation of His Poetry and His Prose* (Mellen, 2021). He has also published also a number of reviews in *Seventeenth-Century News*, most recently in the current issue (Fall 2021).



Sherrill Grace (English) will deliver the Vancouver Institute lecture on 6th November 2021.Go to https://globalreportingcentre.org/vancouver-institute/ for the link.

The Art of Biography: Finding Timothy Findley

She will discuss how she approaches biography, what resources one must use, and how one crafts a story from the facts.

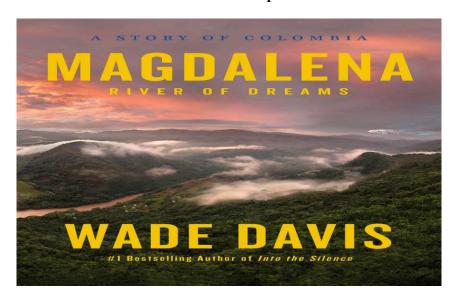


The UBC Faculty Women's Club

The Club was founded in 1917 to provide assistance to students through scholarships and bursaries, provide service to the University community and promote social, recreational and cultural activities for its members. Membership is open to the women of UBC who are female Faculty/Staff/Post Docs, or the female spouses / partners of Faculty/Staff/Post Docs - either active or retired.

For more details, please visit http://facultywomensclub.ubc.ca

Around Campus



Monday, November 29, 2021 – 6:30 pm UBC Frederic Wood Theatre

The event is fundraising for the Faculty Women's Club Childcare Bursary for UBC students.

Online Early Bird Tickets \$40 (October 7 – November 28 midnight) Tickets at door \$50; Students \$20

https://www.eventbrite.ca/e/wade-davis-presentation-magdalena-river-of-dreams-a-story-of-colombia-tickets-181385016467

Wade Davis, a renowned cultural anthropologist, will captivate you with an evening of eloquent stories and stunning photographs from his latest book. Professor Davis is one of the most articulate and influential western advocates for the world's indigenous cultures. He has been described as "a rare combination of scientist, scholar, poet and passionate defender of all of life's diversity." (TED Talks).

He is the author of over twenty books, including *Magdalena: River of Dreams, One River, The Wayfinders*, and *Into the Silence* which won the 2021 Samuel Johnson Prize, the top award for literary nonfiction in the English Language. Explorer-in-Residence at the National Geographic Society from 1999 to 2013, he is currently UBC Professor of Anthropology and BC Leadership Chair in Cultures and Ecosystems at Risk. In 2016, he was made a member of The Order of Canada. In 2018, he became an Honorary Citizen of Colombia.

Wade Davis's books will be available for purchase in Frederic Wood Theatre lobby.

The Bursary will assist student parents facing financial hardship from the high cost of paid childcare while undertaking a university education.