

Cornucopia of Readings on Pre- and Post-Retirement for Academics

Recommended Articles, Surveys, Books and Organizations

Flag indicates study population and/or author location

Articles on Academic Retirement

5 top picks!

Baldwin, Roger G; Belin, Angie & Say, Brett (2018, May 14) Why reinvent academic retirement? *New Directions for Higher Education* Issue (2018:No 182) 9-16.

<https://onlinelibrary.wiley.com/doi/full/10.1002/he.20276> (by Michigan State Univ. Prof. Emeritus) 

Cahill, Mairead; Pettigrew, Judith; Robinson, Katie & Galvin, Rose (2019) The Transition to Retirement Experiences of Academics in "Higher Education": A Meta-Ethnography *Gerontologist* (59:3) 177-195 (by Univ. Limerick Rep. Ireland)   

Hall, Judith (2020) *Continuing contributions of older academics. American Journal of Medical Genetics* (Part A)1-11 <https://onlinelibrary.wiley.com/doi/full/10.1002/ajmg.a.61946> (by UBC Professor Emeritus) 

Halliday, Matthew (2022, Mar 22) *Should you jump into retirement or ease in?* *Globe and Mail* Accessed Mar 2022 @ <https://www.theglobeandmail.com/investing/personal-finance/retirement/article-should-you-jump-into-retirement-or-ease-in> Easy but helpful read!

Osborne, John W. (2012) Psychological effects of the transition to retirement. *Canadian Journal of Counselling and Psychotherapy* 46: 1 pp. 45-58.  (by Univ. Alberta Prof. Emeritus)

And more...

Baldwin, Roger G. (2018, May 14) Who will reinvent academic retirement? It takes a team. *New Directions for Higher Education* Issue (2018: No. 182) 85-91. (by Michigan State Univ. Prof. Emeritus)

<https://onlinelibrary.wiley.com/doi/full/10.1002/he.20283> 

Bugge, John; Goldberg, Carole & Say, Brett H. (2018, May 14) Winning support for new vision of academic retirement. *New Directions for Higher Education* Issue (2018: No. 182) 75-84

<https://onlinelibrary.wiley.com/doi/10.1002/he.20282> (by Emory Univ. Prof. Emeritus, UCLA, MSU) 

Goldberg, Carole & Baldwin, Roger G. (2018, May 14) Win-win: Benefits of expanding retirement options and increasing the engagement of retired faculty and staff. *New Directions for Higher Education* No. 182 pp. 69-74. (by UCLA & Michigan State Univ. Prof. Emeritus)

<https://onlinelibrary.wiley.com/doi/full/10.1002/he.20281> 

McMaster University: Optimal Aging Portal (2019, Aug. 24) *Making the transition to retirement* <https://www.mcmasteroptimalaging.org/blog/detail/blog/2019/04/24/making-the-transition-to-retirement>  (Location on the site: BLOG→Pensions) The factors→successful retirement.

Morrison, Robert. (Spring 2021) Administrators should pay attention to this fast-growing group: university retirees. *CURAC Newsletter*: <https://curac.ca/newsletters/curacarucc-nl/nl-spring2021/nl2021sp07-en/> (by CURAC & retired Carleton Univ. Author) 

Richards, Robin; McLeod, Robin; Latter, David et al. (2017) *Toward late career transitioning: A proposal for academic surgeons*. *Canadian Journal of Surgery* 60(5) 355-358. 

Surveys of Retirees

What retirees, including academics, have to say about retirement

4 top picks!

UBC Emeritus College (2021, August) *Survey Summary Report* (Informative read about the activities and welfare of UBC retired faculty members)
https://emerituscollege.ubc.ca/sites/emerituscollege.ubc.ca/files/documents/Survey%202021_Final%20Report.pdf (For previous Emeritus College surveys: <https://emerituscollege.ubc.ca/surveys>) 

An Edward Jones and Age Wave Study (2022, July) *Longevity and the New Journey of Retirement*
Full report: https://www.edwardjones.com/sites/default/files/acquiadam/2022-07/Edward-Jones-Age-Wave-Final-Report_CA.pdf  Executive report:
https://www.edwardjones.ca/sites/default/files/acquiadam/2022-07/EJ_NewJourneyReport_ExecSummary_June-CA.pdf

An Edward Jones and Age Wave Study (2020) *The Four Pillars of the New Retirement*
<https://www.edwardjones.ca/sites/default/files/acquiadam/2021-02/Edward-Jones-4-Pillars-CA-report.pdf> 

CUCRA (Council of University of California Retiree Associations) (2020) *UC Retirees Generous Talents, Enduring Community: ~ University of California Retiree Activities January 2017 through September 2020*
<https://cucra.ucsd.edu/survey/2020/CUCRA-2020-Survey-Report.pdf> 

Ongoing surveys by the Ed. Jones and Age Wave group: US data

An Edward Jones and Age Wave Study (2020) *The Four Pillars of the New Retirement*
<file:///C:/Users/Owner/Desktop/Edward-Jones-4-Pillars-US-report.pdf> 

An Edward Jones and Age Wave Study (2021, June) *The Four Pillars of the New Retirement: What a Difference a Year Makes*. <https://www.edwardjones.com/sites/default/files/acquiadam/2021-06/Four-Pillars-US-Report-June-2021.pdf>  (Retirement during Covid and its impact)

An Edward Jones and Age Wave Study (2021, Fall) *The Four Pillars of the New Retirement: Tracking Update with a Spotlight on Family* <https://www.edwardjones.com/sites/default/files/acquiadam/2021-11/Edward-Jones-4-Pillars-fall-2021-report.pdf> 

Books: Retirement and Ageing

Agronin, Marc (2018) *The end of old age: Living a longer, more purposeful life*. New York, NY: Da Capo Lifelong Books 

Piper, Martha & Samarasekera, Indira (2021) *NERVE: Lessons on Leadership from Two Women Who Went First* Toronto, ON: ECW Press (retired Canadian university presidents and company directors) 
Includes chapters on achieving a successful retirement.

Savishinsky, Joel (2002) *Breaking the watch: The meanings of retirement in America* Ithaca, NY: Cornell Univ. Press  (Interviews with retirees across America and lessons learned.)

Silver, Michelle Pannor (2018) *Retirement and its discontents: Why we won't stop working even if we can*. New York: Columbia University Press (*U of T professor*)  (Focus on academics and other professionals)

Vaillant, George (2003) *Ageing well: Surprising guidepost to a happier life from the landmark Harvard study of adult Development*. Boston: Little Brown & Co. 

Wilkes, Helen (2018) *The aging of Aquarius: Igniting passion & purpose as an elder* New Society Publishers (retired UBC author)  (Guidelines and stimulates self-reflection.)

Models from higher-learning institutions for faculty retirement-planning.

McLaughlin, Jean (Author), Duranleau, Lauren (Editor), Van Ummersen, Claire (Editor) (2014) *Faculty Retirement: Best Practices for Navigating the Transition*. Sterling, VA: Stylus Publishing, LLC in association with ACE (American Council on Education).  (Addresses the critical issue of retirement in higher education as the cohort of boomer generation faculty come to the close of their careers. 15 US colleges and universities, as identified by ACE, have developed innovative and effective ways to help faculty transition into retirement.)

Organizations of Interest to UBC Retirees

Academic

- *CURAC* (College and University Retiree Associations of Canada) <https://curac.ca/>  National organization of postsecondary retirees' associations across Canada. It speaks for the collective on a variety of public policy issues and provides important services to its members, including an annual conference that highlights best practices among its member associations and promotes collaboration.
- *AROHE* (Association of Retirement Organizations in Higher Learning) <https://www.arohe.org/info@arohe.org>  Supports all phases of faculty/staff retirement through a dynamic member network. Listing of US, Canadian Emeritus Colleges <https://www.arohe.org/Member-Organizations>
- *EAPE* (European Association of Professors Emeriti) <https://europemeriti.org/index.php/en/>  Retired professors from European and non-European universities.

Emeritus Colleges with useful retirement-resource information

- UBC Emeritus College <https://emerituscollege.ubc.ca>  Check out the vast array of resources and College events.
- Emory University Emeritus College <https://emeritus.emory.edu/>  Check out their resources.

Canadian Associations

- *CARP* Canadian Association of Retired Persons <https://www.carp.ca/> Federally incorporated non-profit corporation providing advocacy, benefits to members, newsletter plus Zoomer magazine. Free CARP membership in the first year of retirement for UBC faculty/librarians Contact:
- Canadian Snowbird Association <https://www.snowbirds.org/> National not-for-profit advocacy organization dedicated to defending and improving the rights and privileges of Canadian travellers.

Magazines

- *Goodtimes*: Canada's magazine for successful retirement <https://goodtimes.ca/>